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MEET QUIGLEY:
CANADIAN WOLF HITS THE BIG TIME ON GAME OF THRONES metroNEWS

MAYORS GONE BAD

GOOD, BAD OR USELESS? CRITIQUING CANADA'S MAYORS metroBOOKS

Toronto metro

Your essential daily news | THURSDAY, MAY 14, 2015 High 17°C/Low 8°C Sun and cloud

Second harasser identified

ABUSE

MLSE makes good on pledge to ban hurlers of vulgar taunt

Maple Leaf Sports and Entertainment (MLSE) said two fans from Sunday's Toronto FC game will be banned from MLSE facilities for no less than a year after a vulgar confrontation with a reporter.

The two men being banned are Shawn Simoes — a Sunshine List employee being fired by Hydro One — and Ryan Hart, according to MLSE, adding it is an "indefinite suspension."

MLSE is still looking for two goateed men who appeared in the footage with CityNews reporter Shauna Hunt, who both said the viral phrase, "F–k her right in the p—y."

At BMO field ahead of Wednesday's game, groups of young men engaged in heated debate about the fate of the Toronto FC catcallers. Most agreed the guys were "idiots," but opinion differed sharply about the gravity of their offence and the justice of their punishment.

"It was kind of funny," said Matt Civichino, conceding that saying the vulgar taunt was also "stupid."

"I feel bad that the dude got fired. I don't see it having anything to do with his job."

Joseph Lancione, Civichino's friend, took a different view.

"I feel bad for the girl. If I were a reporter, I would feel very degraded," he said.

MLSE is reviewing its own security video of the verbal attack following Sunday's game. The video "will be an element of their investigation," MLSE spokesman Dave Haggith said Wednesday.

"Our security is in the process of investigating."

That includes identifying a stout man with a BMO shirt and a thinner man with aviator glasses who were filmed with Hunt early in her report.

Meanwhile, the incident has brought comments from federal Justice Minister Peter MacKay, who praised Hunt for asking the abusive fans why they felt they had the right to be so offensive.

"It's not funny, and I don't think any mother or any woman or any Canadian thinks it's funny to use that type of language," MacKay said.

TORSTAR NEWS SERVICE

metro MORE INSIDE
Still no apologies from offenders: Page 3

PAN AM GAMES

THE HIGH COST TO COMPETE

metroNEWS

Two-time Canadian wheelchair tennis champion Joel Dembe has launched a $5,000 online fundraising campaign to help him compete in the upcoming Parapan Am Games. CONTRIBUTED

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metro NEWS

Your essential daily news

As Mad Men winds down, Canadian ad execs reflect. **Business**

STILL NO APOLOGIES

These are three of the men who were involved in the Sunday incident at a Toronto FC game. More people could wind up on the hook as Maple Leaf Sports and Entertainment combs security footage as part of an investigation.

YOUTUBE SCREENSHOTS

This man admitted to waiting around to say something profane to CityNews reporter Shauna Hunt. He later defended the "FHRITP" trend, calling it "quite substantial."

This man, identified as Shawn Simoes, also defended the "FHRITP" practice. He is in the process of being fired from his engineering job at Hydro One.

This man is seen on video shouting an obscene phrase in Hunt's microphone.

metro SAYS

Metro has asked the men involved in the scandal to apologize. Do you think they should? Take our poll at metronews.ca.

What's behind the silence

HARASSMENT

Self-esteem, fear may stop hecklers from apologizing

Luke Simcoe
Metro | Toronto

Their faces have been plastered all over newspapers and the Internet for more than 48 hours, but none of the men who shouted obscenities at a Toronto television reporter have come forward to say "I'm sorry."

There can be many reasons why someone refuses to apologize, said Tyler Okimoto, a professor of management at the University of Queensland in Australia. But often, it comes down to self-esteem.

"When you refuse to admit to yourself and others that what you did was wrong, you're maintaining a positive self-view," said Okimoto, who has studied why people do — and don't — apologize for their indiscretions.

"Our findings suggest there might be certain types of people who are more likely to refuse to apologize, specifically individuals that have a need for control in their lives or perhaps individuals that have a strong self-focus. You could call them narcissists."

In the case of the three men who yelled, or were hoping to yell, "F–k her right in the p—y," at CityNews' Shauna Hunt outside a Toronto FC game Sunday, Okimoto said they may also not apologize because they're afraid of repercussions.

One of the men is in the process of being fired from his job at Hydro One because of his actions.

"If their friend has been called out and is getting fired, they could just be trying to avoid any consequences," said Okimoto.

On the positive side, Okimoto said outrage over the incident shows society takes harassment seriously.

"The reason that we as a public might demand an apology for something like this is because the values and views expressed are inconsistent with how we want to be defined as a society," he said.

"It shows our support for the belief that harassment is not something we're going to tolerate."

If any of the men do choose to apologize, Okimoto said they would be wise to reach out to Hunt directly, rather than make a public statement.

"If they do it in a private context, it shows their audience is the individual victim," he said. "It shows they're doing it for the victim and not necessarily because they're worried about what people think of them."

> **When you refuse to apologize, that's really just focusing on your own outcomes at the expense of what others may want.**
> Prof. Tyler Okimoto

IN HER OWN WORDS: CITYNEWS REPORTER SHAUNA HUNT

The Torstar News Service spoke to Shauna Hunt, the CityNews reporter involved in a confrontation with several Toronto FC fans after Sunday's game about the "F--- her right in the p----" trend afflicting on-air reporters across North America. The following interview has been edited:

Shauna Hunt
YOUTUBE

How often are reporters dealing with this in Toronto?
Almost every single day on the job, and it's been going on for almost two years. CityNews are the first in Toronto to be bombarded with this phrase on live television. Reporters all over Toronto have been enduring this.

What about you, personally?
Almost on a daily basis, sometimes numerous times a day. It's at the point where men will drive by and yell it at me from the car.

Was Sunday's incident the first time you've confronted people about it?
To this extent? Absolutely. I've yelled one-liners at them before.

How did everything go down on Sunday?
I was doing interviews after the TFC game, just getting reactions. People thought that we were live, and started yelling and walking in front of the shot. Two guys in a row yelled (that phrase) right into the mic. I could hear these other guys conspiring to do it.... I was already set up. I turned around and confronted them, and that's what went viral.

And what are your thoughts on the public's reaction to all this?
The reaction has been overall really positive. It shows the majority of people don't support this kind of behaviour. I've been getting emails from fathers of daughters, saying thank you ... men saying sorry. TORSTAR NEWS SERVICE

Legal experts weigh in

Hydro One is taking steps to fire Sunshine List employee Shawn Simoes, who held an annual salary of $106,510 in 2014.

Torstar News Service spoke to several Toronto-based employment law experts about the potential legal dilemmas facing Hydro One, or any employer who seeks to dismiss an employee for an incident that isn't directly work-related.

David Doorey (DD), associate professor at York University and labour lawyer Andrew Langille (AL) weigh in.

Q: Can an employee be fired for an out-of-work action?
AL: Certainly, an employer can fire an employee whether they're unionized or non-unionized for off-duty conduct if it reaches a certain threshold.

Q: Does it make a difference if he is a member of a union?
DD: Yes. If he is non-union, then the employer can clearly fire him, and the only legal question is whether it can do so without first giving him notice or paying him an amount of severance.

Q: What happens if Simoes is a member of a union? Can he fight his dismissal?
DD: If he is unionized, then he could file a grievance and the employer would probably have to establish it had "just cause" to terminate him based on his conduct at the TFC game. If an arbitrator ruled there was not proper cause, the arbitrator can reinstate the employee to his old job.

Q: Is there precedent for a case like this?
DD: I'm not aware of a decided case off the top of my head. There was a story last year about a guy at Big and Tall store in London being fired for making offensive comments about Amanda Todd. Someone tracked him down to that store and reported him to the employer. But that case wasn't litigated, as far as I know.

There are cases where employees were arrested for off-duty conduct and the employee's employer gets out in media stories. TORSTAR NEWS SERVICE

Lacklustre results put an end to calorie counting

FOOD

Four eateries of 22 made it to the end of the pilot project

For years, underground taproom C'est What has kept a "bible" crammed with recipe details and nutritional information stowed under the bar.

It was meant to demystify exactly what's in restaurant favourites such as the goat roti or the beer cheese pot, but the book rarely gets taken out.

So when Toronto Public Health approached co-owner Timothy Broughton in 2013 about a pilot program labelling menus with calorie counts, Broughton was instantly on board.

But just two years after the ambitious initiative began, the results have been lacklustre.

Only four of the 22 eateries that signed on to the Savvy Diner program made it through to the end. Of those that hung on, one already has plans to nix the counts from its menus.

Part of the trouble, Broughton said, lies in the process that requires chefs to have standardized recipes based on precise weight-to-volume conversions of ingredients that don't change and are served in the exact same portion size every time.

"When I make a goat roti, I will start with a big joint of goat meat that is roasted through a slow cook, sheds a lot of fat and has the bones taken out," he explained. "It's a lot of work to find out what is left once you get through the cooking process."

"Small restaurants don't have the ability to put nutrition information on their menus."

C'est What co-owner Timothy Broughton

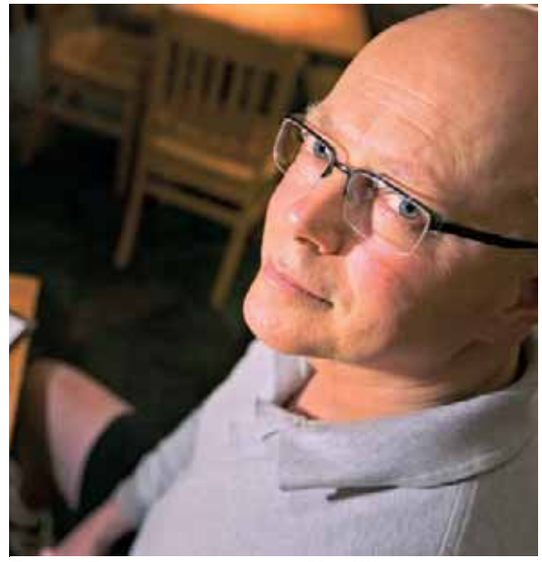
Optional toppings can complicate the task, and a switch of vendors or special use of a seasonal ingredient can trigger an even bigger headache, said Evelyne Gharibian, the catering director at Hearty Catering Inc., a program participant.

When the business first rolled out calorie counts, she said, it didn't prompt any instant reaction from customers, so employees had to begin pointing it out.

Broughton revealed there was a drastic cut in the number of appetizers being ordered, affecting profitability. He's decided to axe the calorie counts from a forthcoming batch of menus. After nearly 150 hours of dedication, he said he has no regrets.

"This proved that small restaurants don't have the ability to put nutrition information on their menus," he said.

TORSTAR NEWS SERVICE



Timothy Broughton, co-owner of C'est What, plans to stop offering calorie counts on his menus but will still keep his nutrition bible. TORSTAR NEWS SERVICE

EL NIÑO

Milder winter possible

The Australian Government's Bureau of Meteorology has confirmed that the tropical Pacific is now at El Niño levels, and Torontonians can rejoice . . . tentatively.

The warm winds from the Pacific will travel across Canada, potentially reaching as far as the East Cost, and could lead to a milder winter, according to Environment Canada climatologist Dave Phillips.

El Niño is a meteorological phenomenon caused by unusually warm waters in the Pacific, in this case in the Indian Ocean. The last El Niño event was in 2010, but this one is expected to be much stronger.

The last time we had an El Niño this strong was in 1997-98, which saw temperatures around three degrees above average.

Although the primary effects of El Niño will likely be restricted to temperatures and snowfall in Central Canada, barring unexpected Arctic intervention, you can probably expect a milder winter than the last two years of deep freeze and ice storms.

TORSTAR NEWS SERVICE

METRO CUSTOM PUBLISHING

Get camera ready

Make your flower pics wall-worthy

CONTRIBUTED

It didn't take long for the city to transform from bleak and grey to a beautiful floral display of colour. Taking good quality pictures of flowers can seem intimidating, but it can be so rewarding, too. Using one of the many new printing options available today — acrylic, aluminum or just timeless framed prints — you can turn your photo into wall art and enjoy them all year around. Whether you are shooting in your own backyard or at Toronto Botanical Gardens, get outside this weekend and create your customized home decor.

USE A TRIPOD AND REMOTE

Your flower pictures should be tack-sharp, so invest in a good tripod to keep your camera positioned perfectly still. Look for a tripod with legs that splay out, allowing you to get your camera down to a vantage point just a few centimetres above the ground. To completely eliminate the risk of camera-shake, use a remote release (or the ten-second timer) to ensure you don't accidentally jolt the camera when pressing the shutter release.

WAIT FOR THE RIGHT WEATHER

Just as flowers need rainy days to plump up their blossoms, photographers cross their fingers for overcast days when photographing flowers. Bright, direct sunlight will cause ugly shadows and blown-out highlights in your plant pictures, but a cloudy sky will balance and soften the light and will help you create evenly-lit pictures. You should also wait for a day with less wind, because even a light breeze can create enough movement to cause motion blur.

KEEP AN EYE ON THE BACKGROUND

The background of your images can be just as important as the beautiful flower in the foreground. Watch out for distractions that can clutter the scene, and consider bringing a piece of dark fabric that you can hang behind the foreground to help your subject stand out. You can also minimize distracting backgrounds by using a longer telephoto-style lens and a wide aperture (f/2.8, if your lens allows it). This will turn the background of the scene into a lovely blur while keeping the foreground perfectly sharp.

FOR TINY DETAILS

Canon's compact 60mm macro lens fits on all Canon DSLRs with an APSC sized sensor, including all Canon Rebels. Capable of 1:1 magnification, this powerful little lens allows you to capture incredible close-up images of tiny details.

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Food trucks fire up their ovens for another season

CITY PERMITS

Thursday is the first day for new, more relaxed bylaws

Jessica Smith Cross
Metro | Toronto

Get ready for food trucks, because Thursday's the day.

The city's food truck season officially launches today, and people had a preview Wednesday when the trucks gathered for a rally at Nathan Phillips Square, with Mayor John Tory among those serving up meals.

Thursday is the first day food truck vendors who want to sell their meals on city streets under the new, more relaxed bylaws, can get their city permits.

"I expect it to be very popular," said Zane Caplansky, president of the Toronto Food Truck Alliance and owner of Caplansky's Delicatessen, who will be going down to city hall for his either this week or early next.

Last summer, there were 17 permitted food trucks but Caplansky expects two or three times that many this year. There are only 50 food trucks in Toronto today, but he expects that number to grow.

"People will finally be able to find food trucks curbside in Toronto," he said.

Food Truck operators need the mobile food truck permits to park on city streets or Green P parking lots, but don't need them if they're operating on private property.

City Council voted to relax the rules around food trucks earlier this month, reducing the distance that food trucks must stay away from restaurants, to 30 metres from 50 metres.

> **People will finally be able to find food trucks curbside in Toronto.**
> Zane Caplansky

Mayor John Tory gives a hand to the Caplansky's food truck team in front of city hall during the lunch rush, Wednesday. LIZ BEDDALL/METRO

A fleet of food trucks descended upon Nathan Phillips Square as part of Food Truck Freedom Day on Wednesday. LIZ BEDDALL/METRO

RICHMOND HILL

Council blocks O Canada

O Canada, our home and ... illegal anthem?

Richmond Hill council this week rejected a bid to start its meetings with Canada's anthem, partly over fears that doing so could be unconstitutional because of the lyric "God keep our land glorious and free!"

Grappling with how to replace its opening prayer, in light of a recent Supreme Court of Canada ruling, town council rejected by 5-4 Ward 1 Councillor Greg Beros's proposal to instead use the anthem.

"I thought it was going to be a walk in the park," said Ward 2 Councillor Tom Muench of his colleague's suggestion. "You've got to be kidding me that you can't play the national anthem. If you can't agree to that, what can you agree to?"

After heated debate, town council finally agreed 8-1, with Beros as the lone holdout, to launch meetings with a three-sentence inspirational declaration penned by Regional Councillor Brenda Hogg.

"Tonight council comes together as representatives of our town to conduct the town's business," it starts, before adding that council is glad to be joined by engaged citizens and will strive to listen to them, respond to staff and make "fair and responsible decisions in the best interests of our community."

Richmond Hill Mayor Dave Barrow said council got advice from town legal staff that venturing beyond the statement to anything religious could risk a challenge. Some councillors feared that included "God keep our land!," he said.

"It wasn't a debate about the anthem, it was a debate about how we start our meetings," said the mayor, who was among those who voted against using O Canada. TORSTAR NEWS SERVICE

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5 KEY MOMENTS IN TORONTO'S HISTORY WITH THE GARDINER

The Frederick G. Gardiner Expressway has been raising hackles for more than 60 years.

CHRIS BATEMAN/FOR METRO

The Sunnyside roller-coaster was taken down to make way for the project. PHOTOS: TORSTAR NEWS SERVICE FILE

1 1956 – The Beginning

Construction begins on the "Lakeshore Expressway." The massive, $103-million construction project was laid down in phases, starting with the section between the Humber River and Jameson Avenue. The beloved Sunnyside amusement park and numerous streets and homes in south Parkdale near the lake were swept away during construction. Historic Fort York was only saved from being squished in 1958.

Looking west, the Gardiner was still being pieced together circa 1962.

2 1966 – Completion

The final phase of the Gardiner Expressway, between the Don Valley Parkway and Leslie Street, opens to traffic. At its greatest extent, the original Gardiner stretched 14.3 kilometres, from the Humber River to Leslie Street. The expressway was immediately popular with motorists. Traffic crawled along at 10 kilometres per hour. The speed limit back then was 80.

3 1983 – Expansion

A plan to widen the Gardiner from three lanes to four in each direction between the Humber River and Bathurst Street is unveiled by Metro chairman Paul Godfrey and Toronto Mayor Art Eggleton. Part of a massive series of waterfront transportation upgrades, there was also to be a new rapid-transit line between Union Station and the CNE and an extension of Front Street west of Bathurst Street. In total, the scheme was budgeted at $750 million.

Art Eggleton, centre, was mayor when a massive Gardiner expansion was pitched.

One of the many, many repairs the Gardiner has required over the years.

4 1997 – Trouble

The first chunks of concrete fall from the underside of the aging road deck near Lake Shore Boulevard W. and York Street. No one was injured, but the road under the Gardiner was closed for several hours. A sudden shift in winter temperatures was blamed for the incident. Two years later, in February 1999, a 15-centimetre chunk fell near Spadina Avenue. There were issues elsewhere, too. The pylons that supported the bridge over the Humber River, built into soft geological deposits and not bedrock, had sunk by about 1.5 metres, creating a significant and potentially dangerous ramp.

A portion of the Gardiner is torn down between Carlaw and Lakeshore Boulevard.

5 1999 – Demolition

The first section of the original Gardiner Expressway is demolished. Though it was the last to be completed, the section between the Don Valley Parkway and Leslie Street was first to meet the wrecker. Faced with a bill of $48.9 million to just to keep the under-used section of road standing, city council opted to spend $36.3 million — $12.6 million less — to tear it down and move the access road west. The 1.3-kilometre "ramp to nowhere" was used by just a few hundred people at the time of its demise. Lake Shore Boulevard E., located directly below, had a capacity of 5,000 cars per hour but only averaged 1,500, leaving plenty of room for the displaced Gardiner users.

INFRASTRUCTURE

Fate of Gardiner to be set

The fate of the 2.4-kilometre-long stretch of the Gardiner Expressway east of Jarvis Street will be decided by the city council at its June 9-10 meeting.

After an all-day meeting Wednesday, Toronto's public works committee voted to send the staff Gardiner report to council without endorsing either one of two options, a full tear-down or partial removal, called the hybrid option.

Unusually, the staff report itself made no recommendations other than to ask councillors to "please make a decision," acting city manager John Livey told the committee. More than two dozen people who addressed the committee Wednesday were evenly divided between the two choices.

Here is what a couple of people had to say:

Hybrid supporter
Janet De Silva, Toronto Region Board of Trade:

"Replacing the Gardiner East with an eight-lane roadway similar in size to the 401, when families are supposed to cross, raises significant safety concerns."

Full tear-down supporter
Paul Bedford, Toronto's former chief planner:

"If the decision ultimately of the council is to support the hybrid, I think frankly it'll be a major step backwards and you're going to miss a once-in-a-lifetime opportunity, and I'll be very frank, we'll be the laughingstock of the world."

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Arab Spring now in Africa

MASS PROTESTS

Ontario expert has concerns about future democracy

Gilbert Ngabo
Metro | Toronto

The wave of Arab Spring is blowing fast to sub-Saharan Africa, and one local expert thinks it's a glaring indication that something is wrong with the African elite.

After more than two weeks of standoff between protesters and police in Burundi, an army general announced Wednesday that he had ousted the country's president, Pierre Nkurunziza, and overthrown the government.

Reports from the capital Bujumbura said protesters danced and cheered at the announcement, but a Munk School of Global Affairs fellow said it might not be the ultimate solution.

A man celebrates in the streets of Bujumbura, the capital of Burundi, after the announcement that President Nkurunziza had been overthrown. GETTY IMAGES

"We have an elite in Africa who don't really believe in democracy," said Thomas Kwasi Tieku, former head of African Studies at the University of Toronto.

Burundi's mass protests against the incumbent's bid for a third term in office came on the heels of similar demonstrations in Burkina Faso, where Blaise Compaore was forced to resign last October. Compaore spent 27 years in office after a military coup brought him to power in 1987.

> **We have an elite in Africa who don't really believe in democracy.**
> Thomas Kwasi Tieku

Mass public protests have also forced a change of power in Egypt, Libya and Tunisia.

Tieku, who teaches political science at the University of Western Ontario, said most African leaders don't have established careers before assuming the head office, which leads them to cling to power because "they have nothing else to retire to."

They also expend much effort planning their entry into office but never think of the exit, leading to fear of giving up power, he said.

"The idea of humility is hardly part of their DNA," he said.

The Burundi coup attempt happened when President Nkurunziza travelled to Tanzania for a regional leaders' meeting looking to end the crisis.

It was reported that he left the meeting immediately, but it was not clear where he headed. Forces loyal to the coup clique were in control of the airport, reports said.

Canada and the international community should invest in real agents of change for the African continent, said Tieku.

"There's urgent need to cultivate a significant part of an African elite who genuinely adhere to the practice of democracy," he said.

HIGH SCHOOLS

Hearing to probe legality of strikes

An urgent hearing on whether strikes by high school teachers in three public boards are legal begins Thursday morning at the Ontario Labour Relations Board.

The boards argue the job action is unlawful under new bargaining legislation, and on Tuesday launched an urgent application to get the 70,000 affected students back in school.

"We are down to the last four to five weeks (of school), and we want to make sure we do everything possible to ensure students are back in classes," said Michael Barrett, head of the Ontario Public School Boards' Association.

He expects the hearing could wrap up in a day.

The three boards — Durham, Peel and Rainbow/Sudbury — argue the strikes were called over "central" issues and not local ones, and are illegal under new bargaining legislation.

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A cyclist leaves the bike lane on Queen's Quay where it abruptly ends and turns onto the narrow one-way road. Councillors are calling for a policy to install cycling detours. JESSICA SMITH CROSS/METRO

Councillors want safer bike detours

CYCLING

Construction puts cyclists on 'dangerous routes'

Jessica Smith Cross
Metro | Toronto

Three Toronto city councillors are hoping to make it easier and safer for cyclists to get around Toronto during construction season.

Councillors Joe Cressy, Mike Layton and Mary-Margaret McMahon have written a letter asking the public works committee for a policy to install temporary cycling infrastructure and detour routes when roads and bike lanes are disrupted by construction and film shoots.

"As the City works hard to update and improve our road, water and transit infrastructure, major construction projects are scheduled more and more throughout the City," they wrote. "Without adequate safe cycling infrastructure that serve as alternatives, cyclists are forced to cycle on dangerous routes and into unsafe circumstances."

The current policy the city follows on road work doesn't say the city must maintain bike detours and the detours that have been set up haven't always been a perfect solution — like the bike detour set up around the reconstruction of Queen's Quay that has cut up the road and the bike path for the past three summers.

Cyclist Jeremy Roht bikes through the area often, and calls it "challenging."

You wouldn't know where to find the bike detour unless you were looking for it, because the signs are no longer visible where the path abruptly ends and the detour doesn't last the entire length of the construction.

"Technically, where the ramp comes down there you cut through to the Lakeshore and it goes along Lakeshore for a ways," he said, pointing out the path on Wednesday afternoon. "It can be really rough at times."

> **You end up on the pedestrian walkways ... then you get the pedestrians screaming at us.**
> Jeremy Roht, cyclist

"Because it is so twisted and disrupted constantly, you end up on the pedestrian walkways. There's a lot of room there, but then you get the pedestrians screaming at us," he said.

He will stick to the sidewalk when he's with his daughter, which is legal, he says, because she's a child and he's escorting her.

So he "absolutely" supports the councillors' plans to ensure there are bike route detours in place whenever a bike lane is disrupted. "They do it for cars, why not for us too?"

CRIME

Man in Spidey mask attacks teen

It's not Halloween, but Toronto police are looking for a masked thug. A Spider-Man-masked thug.

Police have appealed to the public for help in locating a man, sporting a plastic Spider-Man mask on top of his head, who is wanted for assault with a weapon.

Police say that on May 2, just before midnight, a 16-year-old boy was walking in the area of Dundas Street West and Augusta Avenue when he was assaulted by the man in an "unprovoked" attack.

Const. Jennifferjit Sidhu for Toronto police said that a witness was walking ahead of the boy when she heard a smash, and turned to see him lying on the ground. The suspect was riding a skateboard, and used it to attack the boy, police say.

The teen suffered a swollen left eye, and lacerations to his face and the back of his head, and was taken to the hospital with serious, but not life-threatening condition. He has since been released from hospital.

Police say the boy did not know his assailant.

The man is described as black, in his 20s, approximately 5-foot-10, with a medium build, short black hair, brown eyes and unshaven face. He was wearing a long-sleeve shirt, black jeans, a black backpack and, yes, a Spider-Man mask on top of his head. TORSTAR NEWS SERVICE

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Trust is key to make citywide Wi-Fi work

WHY NO WI-FI?
A Metro special report

OPEN WIRELESS MOVEMENT

Opening all our networks would mean any-time, any-place access

Luke Simcoe
Metro | Toronto

While Toronto continues to debate the potential for free and open Wi-Fi, proponents of unfettered connectivity in other cities are taking matters into their own hands.

Dubbed the Open Wireless Movement, members are removing the passwords from their personal Wi-Fi routers or creating secure guest networks for anyone in range to use.

"Lots of Canadians have wireless Internet networks, and they don't use all the bandwidth they have, so why not allow that network to be shared by others?" said Josh Tabish with OpenMedia.ca. If enough people get on board, even a city as large as Toronto could be blanketed in free Wi-Fi, Tabish said.

Scott Nelson, chief technology officer at dana.io, has made his private Wi-Fi account freely accessible to anyone in range of his Vancouver home. His reasons are as much political as technical, he said. According to Nelson, an abundance of competing Wi-Fi signals in dense urban areas results in a worse Internet experience for users.

"All the signals are colliding with each other and slowing everyone down," he said. "So, if there was more sharing, it would actually be to everyone's advantage." The Open Wireless Movement has been slower to catch on in Canada than the U.S., Tabish said, possibly because Canadians are worried about strangers using their Wi-Fi for illegal activity.

Would you give up your Wi-Fi password to the public if it meant you could connect anywhere, anytime? LIZ BEDDALL/METRO

"In principle, you're not liable for what happens over your network, but you could become liable under certain conditions," said Tamir Israel, a staff lawyer at the Canadian Internet Policy and Public Interest Clinic in Ottawa.

Israel said Canadians are only liable if they become aware of illegal activity happening on their network and continue to leave their Wi-Fi open.

HEALTH PROGRAM

Patients to get more say in home choice

Ontario patients and family caregivers will get more control over the types of home and community care services they can access under a new "self-directed" funding program.

The government wants to transform home care with a three-year plan that will give patients a greater say in choosing a provider and how and when services are delivered, Health Minister Eric Hoskins said Wednesday.

The new plan puts patients and their caregivers first by improving access and expanding services for home care, added Hoskins. "We know that people who receive care in their homes, where they want to be, tend to heal faster because they are happier and more comfortable in a familiar setting," he said.

The new funding program for home and community care patients will start with a series of pilot projects to work out details such as how the money will flow. There will be different funding levels depending on a patient's needs, and service providers will be asked to submit ideas for other home and community care models THE ASSOCIATED PRESS

IN BRIEF

Three arrested over shooting
Toronto police arrested three men during a series of early-mornings raids near Finch Ave. E. and Victoria Park Ave. Wednesday.

Three separate search warrants were carried out on Chester Le Boulevard, with the assistance of the Emergency Task Force police say. The raids are connected to a shooting on May 7, near Finch and Warden Avenue. A man was shot while sitting in a car. He was rushed to Sunnybrook with serious injuries. The three men in custody have been identified by police as Treyfon Farrell, 18; Shemar Lue, 18; and Henok Mebratu, 22, all of Toronto. They face a combined 13 charges. TORSTAR NEWS SERVICE

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Sparking mash-up renaissance

MUSIC

Zach Sciacca, a.k.a. DJ Z-Trip, helped usher in changes

BACKSTAGE PASS

Ian Gormley

His legacy is heard in family-friendly forums like Pitch Perfect and Glee, but 15 years ago, Zach Sciacca, a.k.a. DJ Z-Trip, help spark the modern mash-up renaissance.

In the 1990s, genres like rock and hip-hop were highly segregated.

"People were in these subcategories and no one was mingling musically," recalls Sciacca, who plays the Phoenix with old friend DJ Qbert Saturday night.

"That's when I decided there needs to be a backlash to this, I need to mix it all together and show that it all can work."

Sciacca, who came up in hip-hop, started working rock tracks into his sets. At the time, hearing Outkast rap over top of Tool riffs wasn't just a clever novelty — it was downright revolutionary.

"It became it's own subgenre."

By the time he released his major label debut in 2005 though, Sciacca was moving beyond mash-ups, which had taken the Internet by storm.

Today he acknowledges that a lot of people found his music through the form, but he's loath to take full responsibility for its current ubiquity. Early pioneers like Afrika Bambaataa, Grand Master Flash and Jam Master Jay regularly hopped genre, from funk to disco to rock and back again.

> **Mapping out what you're trying to do and say is always hard.**
> Zach Sciacca

"Somehow, between when they started and when I started, that original concept was lost."

These days Sciacca busies himself with remix work and DJ mixes while slowly putting together another full-length album.

"Mapping out what you're trying to do and say is always hard," he says of that process.

He'll appear at this year's Red Bull Thre3style championships as a judge and continue showcasing the sample-base score he wrote to accompany Harold Lloyd's classic silent film, Speedy.

The diversity of projects in many ways reflects the changes he helped usher in a decade and a half ago. These days "people are willing to listen to all styles of music."

Make it Funky 10 Year Anniversary featuring Z-Trip and DJ Qbert, May 16 at the Phoenix Concert Theatre, 410 Sherbourne St. Tickets are $40.

Z-Trip found fame as a mash-up DJ in the early 2000s. His projects now are as varied as tracks he once paired. CONTRIBUTED

LANDMARKS

Double Dee & Steinski — "Lesson One: the Payoff Mix"
A primer on hip-hop history that laid the groundwork for future mash-up artists.

DJ- P & Z-Trip – Uneasy Listening Vol. 1
After 15 years of litigious copyright owners, the Internet and records like this paved the way for a mash-up renaissance.

Danger Mouse – the Grey Album
Pairs a cappellas from Jay-Z's Black Album with instrumental samples from the Beatles White Album. It brought mainstream attention to the genre.

Girl Talk – Nightripper
This one blew the door wide open. Never before had an artist smashed so many recognizable samples onto a single album.

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A new address brings a new opportunity to save

Trudeau target of anti-abortion flyers

Liberal Leader Justin Trudeau THE CANADIAN PRESS

POLITICS

Pro-life group papers ridings it aims to sway across Canada

Graphic anti-abortion flyers depicting Liberal Leader Justin Trudeau and what's purported to be a bloody aborted fetus landed on hundreds of Mississauga doorsteps Tuesday.

Created by the Campaign Life Coalition (CLC), the flyers are being distributed in 20 ridings across the country, where the group believes it can turn the tide in the next federal election.

Volunteers for the organization said residents' reactions were most often negative and sometimes even hostile.

"When they see a picture of what an abortion really is, it creates anger," said Mary Ellen Douglas, national co-ordinator for the group. "I think that (people have) totally forgotten what an abortion is — this is not the removal of an appendix."

Douglas regretted, however, that the flyers weren't put in envelopes to shield them from children's eyes. "Say the word 'abortion' fast (and) you don't know what it means. But if you see it, and you understand it, you have to do something about it," she said.

> **It's abusing the rights of women.**
> Katie Halsall

Mississauga resident Katie Halsall, who received one of the flyers, called the image "tasteless and unnecessary" but objected more to the message behind it.

"It's abusing the rights of women," she wrote in an email to Torstar. "I am worried about young people, young girls especially, living in a community where their personal choices, health care options, and human rights are threatened, and where their reproductive rights and options are ultimately taken away from them."

The CLC targeted Trudeau because of the leader's decision to enforce a pro-choice policy on all candidates in his caucus. TORSTAR NEWS SERVICE

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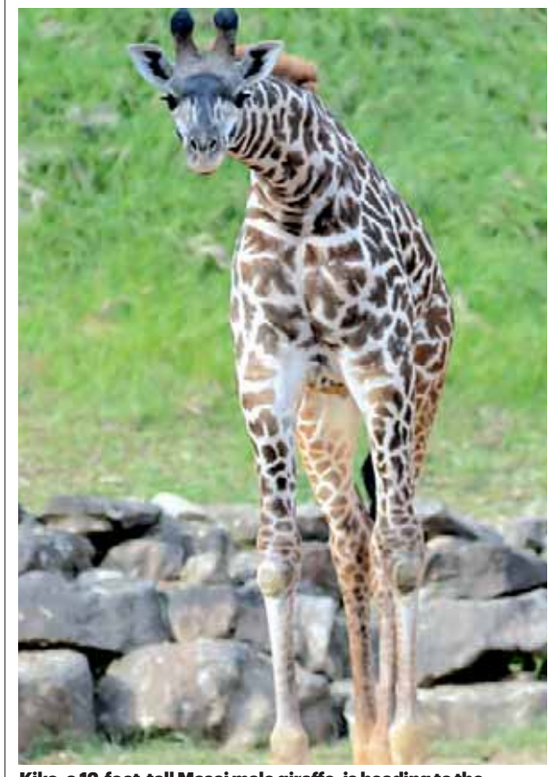

Kiko, a 12-foot-tall Masai male giraffe, is heading to the Toronto Zoo. HEIDI HEILBRUNN/THE GREENVILLE NEWS

ZOO

Kiko the giraffe bound for Toronto

Gilbert Ngabo
Metro | Toronto

Two female Masai giraffes at the Toronto Zoo are getting a male companion just in time for the summer.

Kiko, whose birth was live-streamed two years ago through a GiraffeCam at the Greenville Zoo in South Carolina, will make the trek to Toronto this month, said Maria Franke, curator of mammals at the Toronto Zoo.

He'll remain at the zoo permanently in hopes he'll breed. But it could be a while before babies are on the radar, Franke said.

Kiko won't be sexually mature until he's at least four years old. His prospective mates are 18-month-old Mstari or her mother, 24-year-old Twiga.

"This is very exciting and very important to us," Franke said, adding that the Masai giraffes are among nine other types of giraffes in Africa whose population has decreased significantly. "They are hugely at risk of becoming endangered species."

Kiko's transfer was suggested by the species survival program at the Association of Zoos and Aquariums.

"This is a guy of very good temperament," Franke said. "Everyone here is so ecstatic to have him here."

Joel Dembe hopes to win big at the Parapan Am Games, but before that, he needs enough money to get there. CONTRIBUTED

Sportsman sends out call for help

PARAPAN AM GAMES

Tennis player launches online campaign

Gilbert Ngabo
Metro | Toronto

It's been a busy few months for Toronto's wheelchair tennis pro Joel Dembe.

And it's about to get busier as the city inches closer to the Pan Am and Parapan Am Games.

Dembe, a two-time Canadian wheelchair tennis champion, is hitting the court and the gym like never before.

But, financial constraints are standing in his way.

Like other athletes gearing up for the Games, Dembe has to cover all the costs associated with training and competing.

"The cost of wheelchair tennis is unbelievably high," he said. "I just spent well over $5,000 for going to South America for three weeks in tournaments."

To sustain his training for the upcoming home competitions, Dembe has launched a $5,000 online fundraising campaign.

That's just an "achievable" baseline goal, but he would like to raise much more, he said.

Paying court fees, cost of travel, coaching and training staff, therapy and massage sessions could add up to near $1,000 per week of training, he said.

"Everything I earn, I throw into that sport. That's how committed I am," said Dembe.

There's no official breakdown of the amount spent by amateur athletes as they prepare for the Pan Am and Parapan Am Games, however, Forbes estimates that an Olympic athlete could spend upwards of $20,000 annually on game preps.

As host nation, Canada coughed up near $10 million in travel grants for athletes and staff coming to the games, roughly $1,000 per participant. This is in addition to the free accommodation, ground transportation and food provided to all participants.

For the remaining time before the games, Dembe must strike the balance between training hard, fundraising and getting enough time to rest.

"Nothing could be worse than getting to the competition when you're completely depleted."

"Everything I earn, I throw into that sport. That's how committed I am."
Joel Dembe

MOVIE RATINGS

Ontario's new authority on movies

Ontario wants to see greater consistency in film ratings across Canada.

The province announced Wednesday it would create the Ontario Film Authority, which will incorporate the duties of the Film Review Board to classify, but not censor, every movie before it can be shown in theatres.

Consumer Services Minister David Orazietti said he'd also like to talk with other provinces about creating similar standards across the country for rating films.

"We're certainly not attempting to impose any type of Ontario standard on other provinces in terms of how they see their ratings systems evolve," he said. "It's something that I think has reached a sort of natural progression point here."

The film sector and movie goers both would benefit from more consistency and a greater co-ordination of standards on a ratings system, added Orazietti.

"I just think it helps to raise the profile of the industry and the ratings system nationally, and I think that's a conversation that would be helpful to have with other provinces," he said. "There's an opportunity to work more co-operatively across jurisdictions to create greater standardization of those ratings."

Ontario and Quebec have their own ratings systems while most other provinces use a movie's classification from central Canada or from the United States, where the classification process is voluntary.

Popular movies like The Hunger Games were rated differently in all three jurisdictions, getting an all-ages G in Quebec, a 14A in Ontario — meaning kids 14 and under must be accompanied by an adult — and a PG13 in the U.S.

THE CANADIAN PRESS

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Feds move to exempt RCMP from charges

LONG-GUN REGISTRY

Government says change fixes 'loophole'

The Harper government moved to retroactively rewrite Canada's access-to-information law in order to prevent possible criminal charges against the RCMP, The Canadian Press has learned.

An unheralded change buried in last week's 167-page omnibus budget bill exempted all records from the defunct long-gun registry, and also any "request, complaint, investigation, application, judicial review, appeal or other proceeding under the Access to Information Act or the Privacy Act" related to those old records.

The unprecedented, retroactive changes are even more odd because they are backdated to the day the Conservatives introduced legislation to kill the gun registry, not to when the bill received royal assent. The date effectively alters history to make an old government bill come into force months before it was actually passed by Parliament.

A source familiar with the complaint, speaking on condition of anonymity, said the government moved out of concern Information Commissioner Suzanne Legault is poised to recommend charges against the Mounties for withholding — and later destroying — gun registry documents while the legislation was still being debated.

> **I find this provision almost Orwellian.**
> Fred Vallance-Jones, expert in access-to-information law

Indeed, shortly after the story broke Wednesday, Legault's office announced it would be tabling a special report Thursday detailing an investigation into the long-gun registry and an access-to-information request.

The government feels no one should face a penalty for being overly eager to enforce the will of Parliament before the legislation had been voted into law.

A spokesman for Public Safety Minister Steven Blaney would only say the retroactive law will fix a "bureaucratic loophole" that allowed citizens to request heavily redacted copies of the gun-registry data while the legislation to destroy the data was before Parliament.

The retroactive changes in the budget bill leave access-to-information experts aghast.

"It seeks to rewrite history, to say that lawful access to records that existed before didn't actually exist after all and that if you exercised your quasi-constitutional right of access to those records, well, too bad, you're out of luck," said Fred Vallance-Jones, an associate professor at the University of King's College in Halifax and an expert in access-to-information law.

THE CANADIAN PRESS

HELP FROM CANADA DART DIGS IN NEPAL Members of the Disaster Assistance Response Team (DART) clear a road in the village of Sankhu, Nepal, on Sunday in this handout photo. Lt.-Col. Ed Izatt, DART's commander, said the work is allowing the flow of aid and essential goods to areas affected by the devastating earthquake, which has claimed more than 8,000 lives. Canada has about 200 DART personnel in Nepal. DND/THE CANADIAN PRESS

Lack of legal framework in Iraq questioned in friendly-fire death

Canada has no binding agreement with Iraq that governs the conduct of military forces and is making no attempt to negotiate one, despite the lessons of the deadly friendly-fire incident two months ago.

The revelation is contained in a recently tabled House of Commons reply to a series of written questions posed by the NDP. In the response, the Harper government says it hasn't pursued a so-called status-of-forces agreement with Iraq.

It says it has worked with the government of Haider al-Abadi in Baghdad to ensure appropriate protection for Canadian soldiers taking part in the campaign against the group known as the Islamic State of Iraq and the Levant.

The Commons response says a status-of-forces agreement is complex, takes time to arrange and is not usually pursued in time-sensitive situations.

But the fact the combat mission has been extended means Canada will be involved in Iraq for a while, and the friendly-fire death demonstrates there's a need for a binding legal framework, said NDP defence critic Jack Harris. THE CANADIAN PRESS

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Animal trainer Andrew Simpson, who recently worked on HBO's Game of Thrones. One of Simpson's wolves, Quigley, inset, will star in an episode due to air May 24. CONTRIBUTED

Canuck pup in Game of Thrones

FILM & TELEVISION

Calgary canine plays direwolf on popular HBO TV show

Jeremy Nolais
Metro | Calgary

He's trained and cared for just outside of Calgary, Alberta but soon Quigley will star as the big wolf in Westeros.

The four-legged lupine, one of 30 belonging to area resident Andrew Simpson, is featured in a few scenes of the wildly popular HBO show Game of Thrones.

Simpson, through his company Instinct Animals For Film, has been training wolves and other animals for big-time Hollywood shoots for more than two decades. He's been involved in projects like the movie Elf, Borat and the Final Destination series, but conceded being part of HBO's popular fantasy drama may be a credit that tops them all.

"The popularity of it, you mention Game of Thrones anywhere in the world and everybody knows it," he said.

> **He was doing a lot of snarling and attack stuff.**
> Andrew Simpson

Quigley stars in the show as Ghost, the direwolf belonging to fan-favourite underdog Jon Snow.

He actually appeared briefly in the already-aired Game of Thrones' Season 5 premiere, but it's scenes in the soon-to-air seventh episode where he really struts his stuff, Simpson said.

"In the first one (episode), he was in a courtyard with Jon Snow," Simpson recalled. "In the seventh one, he was doing a lot of snarling and attack stuff."

Simpson said the show's creators have actually been reaching out to him to be involved since the show began, but he spent the last three years shooting a massive project in China called Wolf Totem. At one point, when the direwolves were a bigger part of the plot, Game of Thrones' producers attempted to bring him and his pack to Ireland.

Finally, this time around, they decided to come all the way to Calgary and filmed the scenes quietly in a city studio this past January.

Simpson says his prized pups and others in the species are greatly misunderstood and attempted to set the record straight with a 2011 documentary called Wolves Unleashed, starring his furry family.

Simpson said, beyond that, bringing high-profile productions like Game of Thrones to Alberta only helps to bolster the local film scene there.

CANADIANA

Fans snatch up Heritage Minute tickets

Haley Ritchie
Metro | Ottawa

Does the phrase "I smell burnt toast!" sound familiar?

If so, you probably grew up watching the dramatic and oh-so-historically-accurate Canadian Heritage Minutes.

If you describe yourself as a fan, you'd be in surprisingly good company.

According to Historica Canada president Anthony Wilson-Smith, there's even a drinking game based the shorts.

"We don't condone this but we're aware of it," said Wilson-Smith. "Somebody names a minute and you're supposed to quote a line from it or you have to take a shot."

He added, "Many people are actually able to chant the entire script. They know the whole thing."

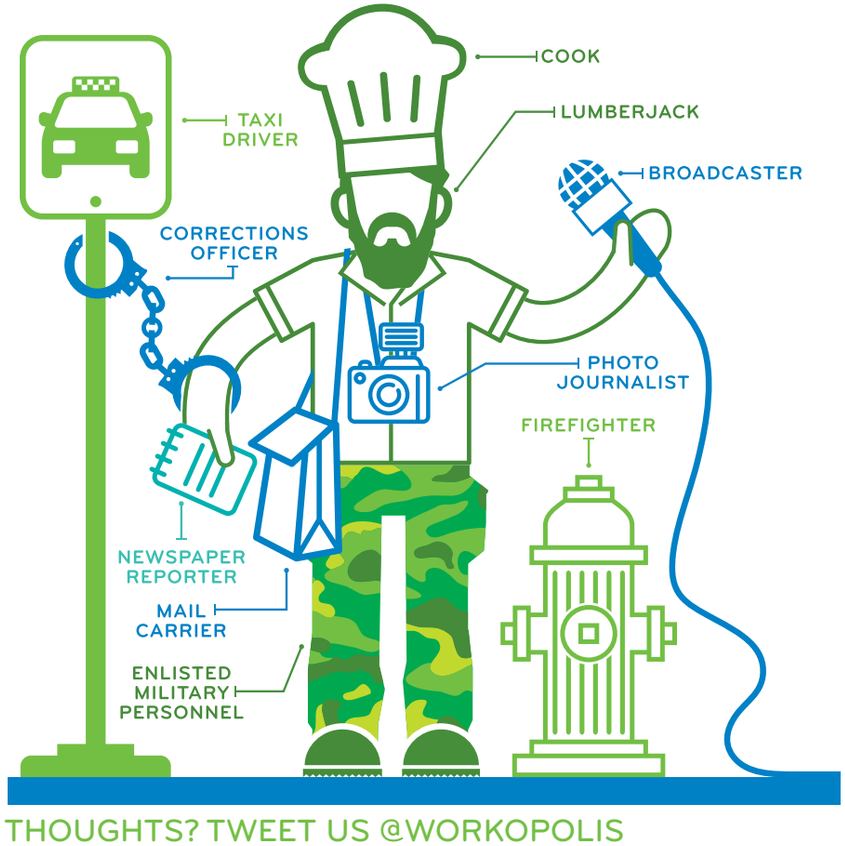
The "pleasantly rowdy" fans of Heritage Minutes took over Ottawa's Mayfair Theatre Wednesday night as part of a four-city premiere of a new minute, based on the role of Canadian nurses during the Second World War.

> **Many people are ... able to chant the entire script**
> Anthony Wilson-Smith

The 310 free tickets available were sold out a week in advance, with people still asking to be let in. Similar premieres have been organized before, and Wilson-Smith said the crowd is usually people in their 20s. Attendees are encouraged to shout out famous lines and participate in trivia after the show.

"We say that we like to take our subject matter seriously but not ourselves," he said.

TURNS OUT THE ONLY THING SEXY ABOUT A LUMBERJACK IS HIS BEARD.
10 of the most stressful jobs you may want to think twice about.



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NORTH KOREA

Defence chief executed for backtalk: Spies

North Korean leader Kim Jong Un ordered his defence chief executed with an anti-aircraft gun for complaining about the young ruler, talking back to him and sleeping during a meeting presided over by Kim, South Korea's spy agency told lawmakers Wednesday, citing what it called credible information.

South Korean analysts are split on whether the alleged bloody purge signals strength or weakness from Kim Jong Un, who took power after his father's 2011 death. Some aren't even sure if it really happened. One expert described the reported development, part of a series of recent high-profile purges and executions by Kim, as an attempt to orchestrate a "reign of terror" that would solidify his leadership.

National Intelligence Service officials told a closed-door parliamentary committee meeting that People's Armed Forces Minister Hyon Yong Chol was killed in front of hundreds of spectators at a shooting range at Pyongyang's Kang Kon Military Academy in late April, according to lawmaker Shin Kyoung-min, who attended the briefing.

Kim Gwang-lim, chairman of the parliament's intelligence committee, quoted the spy service as saying Hyon had failed several times to comply with unspecified instructions by Kim.

In Washington, State Department spokesman Jeff Rathke said the U.S. can't confirm reporting of the execution of North Korean officials but added that "these disturbing reports, if they are true, describe another extremely brutal act by the North Korean regime. These reports are sadly not the first."

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Kampei Shimoide, second from left, mayor of Minamikyushu, on Wednesday. The city will seek UNESCO recognition for its documents on kamikaze suicide attacks. THE ASSOCIATED PRESS

City tries to preserve war record

JAPAN

Minamikyushu asks UNESCO to register its kamikaze docs

A Japanese city's plan to seek UNESCO recognition for its collection of documents related to its role as a launching base for "kamikaze" suicide attacks in the desperate last months of the Second World War is raising questions over how such memories should be preserved.

Kampei Shimoide, mayor of Minamikyushu, and others associated with the project said Wednesday they hope that registering the document collection as a UNESCO Memory of the World will help ensure it will convey the horrors and suffering of the war to future generations.

Chiran, a tea-farming town that is part of today's Minamikyushu, was the site of an Imperial Japanese Army base that launched hundreds of attack missions during the Battle of Okinawa in the war's final months. The Chiran Peace Museum, which houses the document collection, was built as a memorial to the pilots.

"The documents serve as a reminder of the extremes people are driven to in such desperate conditions," said Mutsuo Kuwashiro, an adviser to the city government and curator of the Chiran Peace Museum. "We believe they are an invaluable record of the horror of war."

Seventy years after Japan's defeat in August 1945, sensitivities over its wartime legacy remain acute, especially in neighbouring China and South Korea. Many in Japan fear that memories of the suffering the country caused might be lost with the passing of the older generations. Others both in and outside Japan worry that war-related monuments and artifacts might be used to glorify the war.

Among the items the Chiran Peace Museum is seeking to include in the "Memory of the World" registry are "hachimaki" headbands inscribed by families and friends, farewell messages and heartbreaking letters from the pilots, who took off on their bombing raids expecting to die, with their fighters carrying only enough fuel to reach their targets.

"Take courage, forget the past and find new ways to be happy in the future," says one, written by 23-year-old pilot Toshio Anazawa to his fiancée, Chieko, before he died.

To formally apply for the UNESCO Memory of the World recognition, Minamikyushu must gain approval from Japan's education ministry, but it is unclear whether that effort will succeed.

M.G. Sheftall, a history professor at Japan's Shizuoka University and an adviser for the project, said the group would drop the plan if any effort was made by the authorities to distort its message.

"This project is being undertaken to make a contribution to lasting peace and humanity's future," he said. Among hundreds of items in the Memory of the World registry are documents related to the Guttenberg Bible and Victor Fleming's 1939 classic The Wizard of Oz, and the 1703 Census of Iceland.

THE ASSOCIATED PRESS

Another boat found at sea off Malaysia

REFUGEES

Denied citizenship, migrants are stateless

Another boat, this one crammed with 500 Rohingya Muslims and Bangladeshis, was found off Malaysia's coast Wednesday, an activist and an official said, as the international community called on Southeast Asian governments to open their borders and step up search-and-rescue efforts. Thousands of migrants are believed to be stranded at sea.

It was not immediately clear if those off-loaded near the city of Penang would be given refuge, said Zafar Ahmad, a Malaysian human-rights activist. Their vessel was discovered hours after a maritime official warned that new arrivals would be given food, water and then sent on their way, unless their boats were sinking.

The country has already accepted more than a thousand refugees since Sunday. Wednesday's boat would make it 1,500.

Indonesia, which has taken 600 such refugees, turned a boat away earlier this week. But a foreign-ministry spokesman denied Wednesday it had a "push back" policy, saying the vessel strayed into its waters by accident. Armanatha Nasir told reporters the migrants were looking for neighbouring Malaysia.

"We have to help refugees who need assistance and direct them to where they want to go," he said. "It goes against our principle to chase away refugee boats that enter our territory."

Southeast Asia, which for years tried to quietly ignore the plight of Myanmar's 1.3 million Rohingya, now finds itself caught in a spiraling humanitarian crisis that it helped create.

Denied citizenship by national law, the Muslims are effectively stateless. In the last three years, more than 100,000 members have boarded ships, fleeing persecution, according to the UN refugee agency. THE ASSOCIATED PRESS

PHILADELPHIA TRAIN WRECK INJURES HUNDREDS, KILLS AT LEAST SEVEN In this aerial photo, emergency personnel work at the scene of a passenger train wreck in Philadelphia on Wednesday. The Amtrak train was hurtling at more than 160 kilometres per hour before it ran off the rails along a sharp curve where the speed limit is just 80 km/h, killing at least seven people, federal investigators said Wednesday. PATRICK SEMANSKY/THE ASSOCIATED PRESS

NEPAL EARTHQUAKE

Many still cut off in isolated villages

Many survivors of Nepal's most recent earthquake remain cut off by blocked roads in isolated villages, a UN official said Wednesday, after this Himalayan nation suffered through its second major quake in less than three weeks.

The magnitude-7.3 earthquake shook the impoverished country Tuesday, killing at least 79 people and injuring more than 2,300, just as it was beginning to rebuild from a devastating April 25 earthquake.

The most recent quake hit hardest in deeply rural parts of the Himalayan foothills, hammering many villages reached only by hiking trails and causing road-blocking landslides.

"Damaged houses were further damaged or destroyed. Houses and school buildings spared before were affected yesterday, roads were damaged," said Jamie McGoldrick, a top UN official in Nepal.

Among 14 quake-hit districts, some are barely accessible, and a large part of the affected population could not be reached easily because of damaged roads.

"Some are even difficult to reach by helicopter. We are facing monumental challenges here to support the government in these districts to have a credible response," McGoldrick said.

Chautara, a foothills town, became a hub for rescuers and humanitarian aid after the first earthquake. Officials there said at least three people had died and more than 60 were injured in the new quake.

THE ASSOCIATED PRESS

IN BRIEF

Gunmen kill dozens of Shiite Muslims; ISIL claims attack

Gunmen stormed a bus carrying Shiite Muslims in southern Pakistan and ordered them to bow their heads before being shot, killing at least 45 people Wednesday in the latest attack targeting the religious minority.

Who carried out the attack in the port city of Karachi wasn't immediately clear, as a Pakistani Taliban splinter group and an ISIL affiliate both claimed it. However, some Taliban fighters have pledged their allegiance in recent months to the extremist group that now holds a third of Iraq and Syria in its self-declared caliphate. THE ASSOCIATED PRESS

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Massive death rate among honeybees

ECOSYSTEM

Over 40% of hives in U.S. died in past year: Survey

More than two out of five American honeybee colonies died in the past year, and surprisingly the worst die-off was in the summer, according to a federal survey.

Since April 2014, beekeepers lost 42.1 per cent of their colonies, the second-highest rate in nine years, according to an annual survey conducted by a bee partnership including the U.S. Department of Agriculture.

"What we're seeing with this bee problem is just a loud signal that there's some bad things happening with our agro-ecosystems," said study co-author Keith Delaplane with the University of Georgia. "We just happen to notice it with the honeybee because they are so easy to count."

But it's not quite as dire as it sounds. That's because after a colony dies, beekeepers then split their surviving colonies, start new ones, and the numbers go back up again, said Delaplane and study co-author Dennis vanEngelsdorp of the University of Maryland. But that pushes the bees to their limits, he said.

What shocked the entomologists is that it's the first time they've noticed bees dying more in the summer than the winter, vanEngelsdorp said. The survey found beekeepers lost 27.4 per cent of their colonies this summer. That's up from 19.8 per cent the previous summer.

Oklahoma, Illinois, Iowa, Delaware, Maryland, Pennsylvania, Maine and Wisconsin all saw more than 60 per cent of their hives die since April 2014, according to the survey.

THE ASSOCIATED PRESS

Since April 2014, U.S. beekeepers have lost 42.1 per cent of their colonies. ANDY DUBACK/THE ASSOCIATED PRESS FILE

INDIANA

Woman receives diploma from 1933

An Indiana woman turning 100 this month has received her high-school diploma more than eight decades after she was originally supposed to graduate.

Lora Lois LeMond White Hardy needed just four credits to earn her diploma from Anderson High School in 1933 when she quit school to support her family.

The oldest of eight children, she took a job at General Motors during the height of the Great Depression.

She went on to work on the assembly line of the GM plant for more than 40 years before retiring in 1976.

Wearing a red cap and gown Wednesday, she finally received her certificate Tuesday at the Anderson Community Schools board of trustees meeting.

In another seminal moment, Hardy turns 100 on May 28.

THE ASSOCIATED PRESS

IN BRIEF

Drivers fired for bringing body to doughnut shop

Two Florida hearse drivers have been fired after they stopped at a doughnut shop with a flag-draped coffin in the vehicle on the way to a funeral.

An outraged man sent a video to a veterans group called VeteranWarriors.

The video shows the hearse — with its curtains open and coffin visible — at New Port Richey doughnut shop Tuesday.

The hearse was transporting the coffin and body of Lt. Col. Jesse Coleman, 84, a decorated officer who served in Korea and Vietnam, from Veterans Funeral Care to his funeral.

The funeral director, Jim Rudolph, says he has fired the men.

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IN BRIEF

American Apparel faces defamation suit
Former CEO Dov Charney has filed a defamation lawsuit against American Apparel. Charney, who was fired from the retailer in December, has been the subject of lawsuits that allege he had inappropriate sexual conduct with female employees. THE ASSOCIATED PRESS

Enbridge in oil-spill deal
Enbridge Energy will restore or create 300 acres of wetlands as part of a deal to improve the Kalamazoo watershed in Michigan. THE ASSOCIATED PRESS

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GOLD
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NATURAL GAS: $2.935 US (+3.8¢)
DOW JONES: 18,060.49 (-7.74)

Canada's ad men reflect on lost era

ADVERTISING

Chauvinism, liquid lunches of 1960s Mad Men time gone

Mad Men's final episode airs Sunday. MICHAEL YARISH/AMC

As the critically lauded cable series Mad Men approaches its finale on Sunday, Canada's own ad men and women say the world of Don Draper and Peggy Olson is gone for good.

Social change has done away with the liquid lunches and casual chauvinism the show depicts as cornerstones of the 1960s advertising industry, and advertising instructor Michael Rosen says the industry itself has shifted in subtle ways.

Don Draper, the show's central character, is at his best in the pitch meetings, deftly selling his ad agency's services to executives from Kodak, Hilton and Lucky Strike. Rosen, who teaches advertising at Toronto's Humber College, said Draper's skills at building relationships with clients will never go out of style. But he adds that the advertising industry has moved from an emphasis on keeping clients happy to the creative side of the business.

The switch from sales to creative is even evident in office fashions, Rosen said, as the natty suits and expensive watches of Draper and his associates have been replaced by casual wear and tattoos.

Tyler Turnbull, CEO of the Toronto office of FCB, one of the largest advertising agencies in the world. said agencies have become more collaborative since the Mad Men era.

Nicholas Quintal, who heads ad agency Rethink's new Montreal office, spent the early part of his career with BBDO, one of the real-life advertising giants that competes with Draper in the fictional world of Mad Men.

He said Draper's pitches often relied on knowing more than his clients about the "mystery" of advertising and production. Now, with smartphones capable of editing photographs, that mystique has vanished. "In the time the show was set, no one knew how to do a commercial, it was so mysterious," he said.

Gillian Graham, CEO of the non-profit Institute of Communication Agencies, says the industry still relies on the personal magnetism that Draper exemplifies. "It's a relationship business, always has been and always will be," she said.

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metro VIEWS
Your essential daily news
Thursday, May 14, 2015

Péladeau could lose, if pigs fly

POLITICS
Chantal Hébert

If media tycoon Pierre Karl Péladeau does not win the leadership of the Parti Québécois hands down, pigs will fly in Canada's political sky for the second time in the space of a month.

To anyone familiar with the PQ leadership campaign, anything short of a first-ballot victory for PKP against his remaining two rivals Friday would come as a surprise, second only to the NDP outcome of last week's Alberta election.

PKP has been cast as the prohibitive front-runner in the race to replace Pauline Marois since the defeated premier resigned on election night 13 months ago. In fact, he was tagged as her successor-in-waiting as of the moment that he ran in the provincial riding of Saint-Jérôme in last year's election.

Former PQ minister Jean-François Lisée was so convinced that Péladeau was unbeatable that he decided not to run. His ex-cabinet colleague Bernard Drainville — the recent champion of the PQ's controversial secularism charter — quit the campaign last month rather than face the humiliation of a distant finish.

Even before Drainville threw his support to Péladeau, there was little suspense about the likely outcome of this contest.

For a good many party members, PKP walks on water. For many of the aging baby boomers who currently make up the age group most likely to support the PQ, he is a corporate-savvy champion that may yet lead Quebec to sovereignty in their lifetimes.

In other circumstances, a recent spate of media stories portraying the front-runner as a man with a remarkably short fuse and a tendency to intemperate outbursts might have given pause to his supporters.

But so strong (or so blind?) is the hope that PKP believers have invested in his capacity to restore the momentum of their dormant cause that many put the negative coverage down to the fear that he supposedly inspires in federalist quarters.

Questions as to the propriety of a party leader owning Quebec's largest French-language media empire have similarly been dismissed as partisan cheap shots rather than omens of potential conflicts of interest to come.

And yet there has been little in Péladeau's leadership campaign to give Quebec's federalists cause to quake in their boots or, for that matter, to justify the faith that he inspires in his followers.

The best that can be said about his performance on the leadership hustings is that it improved along the way. By almost any standards, that still leaves him well short of the skill sets of his most formidable predecessors.

PKP boasts less political experience than any of the party's previous seven leaders. He has nowhere near the eloquence of René Lévesque and Lucien Bouchard or the understanding of public policy of Jacques Parizeau and Bernard Landry.

Public opinion polls have suggested that he could have beaten the ruling Liberals in an election this spring.

But the next campaign is more than three years away, and the PQ's score in recent byelections was not that of a party surfing on the popularity of an incoming star leader.

It earned a measly eight per cent of the vote in the francophone riding of Lévis last fall. Earlier this year, the party kept its long-held seat of Richelieu with a smaller share of the vote than its score in last year's general election.

Support for sovereignty remains tepid, and Péladeau has studiously avoided committing himself to holding a referendum in the first mandate of a PQ government.

The party tent has shrunk dramatically since the last time it had a leadership campaign a decade ago. Back then, it had 140,000 members. Less than half of that number signed up for this month's leadership vote.

There has been little in PKP's campaign to give federalists cause to quake in their boots or to justify the faith he inspires in his followers.

Over the past four months, the candidates have debated in front of audiences that were typically awash with grey heads.

On that score, the last debate of the campaign last Thursday in Montreal was no exception.

In contrast, there were plenty of younger Quebecers in attendance for a thousand-strong pre-election rally starring NDP Leader Thomas Mulcair the next night.

The sight of a federal NPD leader drawing a bigger francophone crowd in Montreal than the latest saviour of the once-mighty Parti Québécois is as close as one will probably come to watching pigs fly in Quebec this spring.

Chantal Hébert is a national affairs writer. Her column appears in Metro every Thursday.

ROSEMARY WESTWOOD

metroview

"If we're paralyzed by our sense of doom, we're the problem."

You can't write off Chris Hedges.

He delivers such dire news in his new book, it'll likely depress you, and then you'll feel guilty for doing nothing about it. Then you might want to brand him an extremist, so you won't have to take him seriously. But that won't assuage your guilt.

In Wages of Rebellion, The Moral Imperative of Revolt, the Pulitzer Prize-winning journalist chronicles the people who can't keep quiet.

They are lawyers, preachers, anarchists, civil-rights activists — people fighting for change, sometimes without hope that change will come. Think Nelson Mandela, Edward Snowden and anti-fracking Alberta preacher Wiebo Ludwig.

"It's about facing systemic injustice" without asking if you'll succeed, Hedges told me. "It's about the obstinacy of faith."

These rebels are rare, and their politics vary widely.

"Eccentric and strange, half-brilliant, half-insane," he said. You might not want them running your country, "but they're absolutely necessary for seismic change."

It's hard to disagree we need change: climate change and corporate greed destroy the environment, democratic elections often fail to bring change, government surveillance diminishes liberty, a frightening inequality of wealth exploits the poor.

Hedges argues the rich and powerful — the sole beneficiaries of all this — are the enemies. If the rest of us are paralyzed by an overwhelming sense of doom, we're part of the problem.

"The gap between who we are and who we think we are is steadily expanding," Hedges writes.

I have to agree. We think we're good until we think of injustices we're doing nothing to end.

It's also easier to accept rebels when they're somewhere else. We cheer protests in the Middle East, but despise Occupy protesters, who forced us to look at ills in our society we'd rather not dwell on.

I am not innocent. I am no revolutionary. But I won't condemn people as "crazy" when they shred the facade. And I won't dismiss Hedges for issuing, in this book, his call to arms for all of us to demand something better.

"My job is to speak the truth," Hedges said. "Not looking, or pretending that things aren't as bad as they are, or that everything will get better, is suicide."

The worst part of his book is the way it doggedly, repeatedly asks: what kind of person, really, are you?

That is, Hedges said, the defining question. It's not what you did in life, it's "what you stood for."

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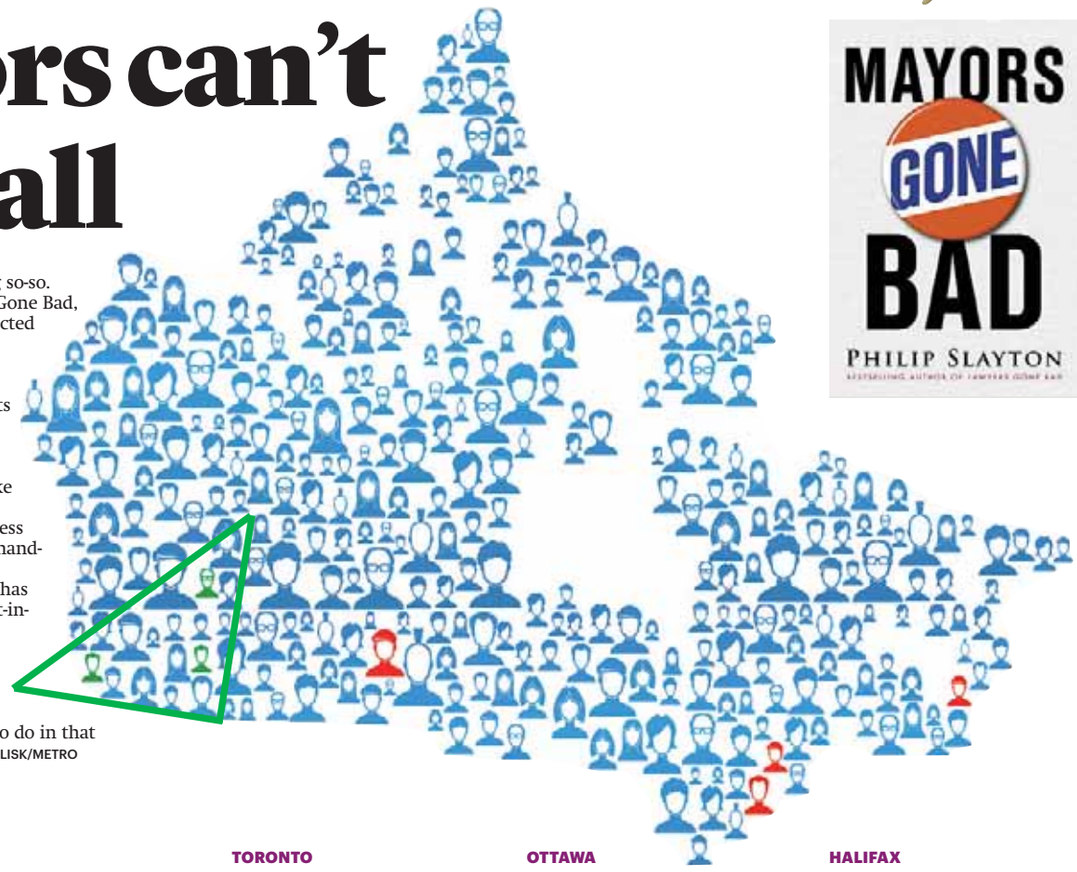

What does it take to be a good mayor? It may be as simple as being so-so.

"Mediocracy is the word," says Philip Slayton, author of Mayors Gone Bad, a profile of some of the most run-amok mayors Canadians have elected into office in recent years.

"Even if you are not yourself a mediocre person, you will have mediocracy thrust upon you if you become mayor. And, it will be thrust upon you because of the constitutional, economic constraints you can't escape."

More than a collection of stories about the personalities who have made a mark — usually for the worse — the book is a call for constitutional reform to give mayors and cities more power to make decisions for themselves.

When Canada's constitution was put in place, "Cities were way less important than they are now, and far less complex and far less demanding," says Slayton, whose book comes out Tuesday.

Slayton says the issue is not restricted to Canada. New York City has a bigger budget than a lot of countries, but the mayor has to go hat-in-hand to the governor of the state to get funding.

"You don't need to know a whole lot about municipal politics to realize that a mayor has very little power," he says. "That, I think, is partially the explanation why a lot of deadbeats end up in the job. Because, serious people, who understand what it is all about, will take a look and say, 'this is not for me. I can't do what I want to do in that position, I can't benefit the community in a substantial way.'" DEAN LISK/METRO

SLAYTON'S OPINIONS ON...

THE WEST

Nenshi, Iveson and Robertson

While a newspaper writer mentioned a "western triangle of mayoral goodness," referring to Naheed Nenshi of Calgary, Don Iveson of Edmonton and Gregor Robertson of Vancouver, Slayton writes in his book they all exemplify the impotence of the office.

"They are smart, confident, able people, but my point is despite that, they don't seem in my view to be accomplishing a lot at all — and that is because they are unable to, given the constraints put on their office.

WINNIPEG

Sam Katz

Slayton says the mayor, a successful businessman who served from 2004 to 2014, was dogged by conflict of interest allegations (he hosted a roughly $3,000 Christmas lunch for councillors, some municipal employees and their families at a bistro he also owned). "Not a disaster, but someone who could have been a lot more effective and a little more sensitive to the issue of government."

TORONTO

Rob Ford

"I find Rob Ford a lot more complicated than some people do," admits Slayton. "I think the secret to Rob Ford was that he somehow got the little guy, and was appealing to the little guy, and related to him in a way that even people who weren't 'a little guy' found appealing," says Slayton of the Toronto mayor from 2010 to 2014, who has admitted to smoking crack.

OTTAWA

Larry O'Brien

"I think his big problem was that he was a very successful businessman, he made a lot of money in business, but he knew next to nothing about municipal government," says Slayton about the mayor who served from 2006 to 2010 and was acquitted of criminal charges months after being elected. "He just decided it would be a nice thing to be mayor of Ottawa."

HALIFAX

Peter Kelly

"He was a very inadequate mayor," say Slayton about Kelly, who served from 2000 to 2012 and got mixed up in the bungled execution of a will that blighted his political career. "Someone with poor judgment, somebody who had tendencies towards grandiosity as he went along; someone who seemed out of touch with reality."

Canada is the largest export market for California wines. ISTOCK

WINE IMPORTS

Canadians down $1 billion's worth of U.S. wine

Canadian consumers have expressed a preference for U.S. wines over French and Italian bottles, according to new consumer reports.

That preference helped sales of American wines — mostly from California — reach a record-breaking $1 billion in 2014.

According to the Wine Institute of California, Canada is now the largest export market for California wines: Last year, Californian winemakers sold a record 6.1 million 9L cases of wine to their northerly neighbours, outpacing traditional import sources such as France, Italy, Australia, Chile, Argentina and Spain.

Analysts credit an aggressive marketing campaign, new product innovations and diverse offerings for driving sales.

For comparison, while U.S. wine sales grew at a rate of 78 per cent over the last five years, the overall wine market in Canada grew 16 per cent, says the Canadian Vintners Association.

AFP

CANADIANS LIKE A GLASS, OR TWO

• Canada's wine consumption to grow at twice the rate of the rest of the world
Meanwhile, another report produced by global trade group Vinexpo shows that per capita wine consumption in Canada is expected to grow at twice the rate of the rest of the world, to reach 16.4 litres per adult in 2018 — or an overall increase of nearly 8 per cent.

• Canada is the seventh largest importer of wine
The latest Vinexpo figures also show Canada is the seventh largest importer of wines. Vinexpo project a 10 per cent growth in wine consumption in Canada by 2018. The biggest wine importing countries are Germany, followed by the U.K., U.S., China and Hong Kong and the Netherlands.

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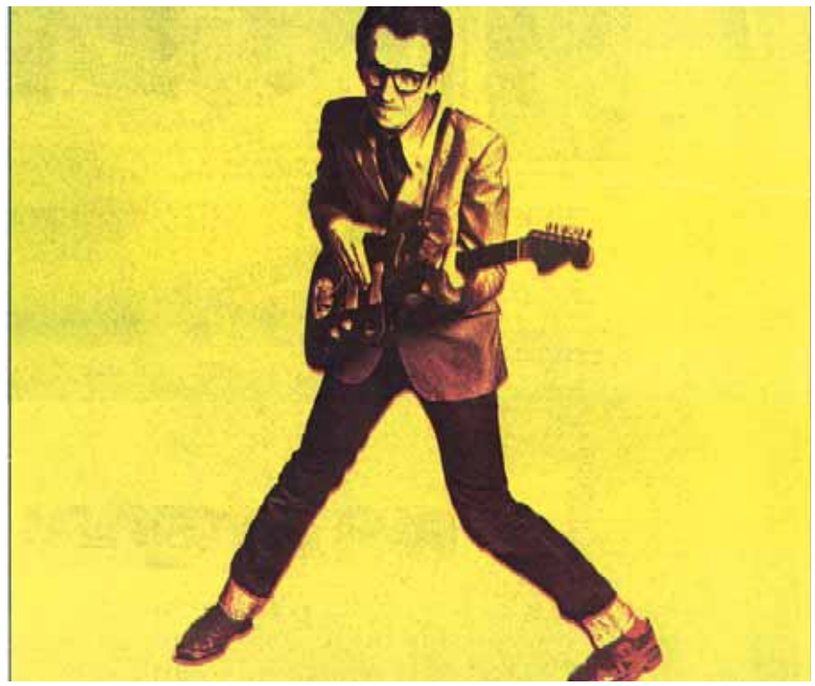


Stiff Records crafted the image of Elvis Costello, giving him Buddy Holly glasses and warning him 'don't f—ing take them off.' CONTRIBUTED

An ode to the reign of Elvis

NEW RELEASE

Richard Crouse's book on Costello full of fun facts

Liz Brown
Metro | Life

The 1970s in Britain was a decade of unemployment, labour unrest and massive inflation. In short, a breeding ground for pissed off youth with no money, no hope and a hell of a lot of time on their hands.

The decade of discontent spilled into the music world as big, bombastic rock bands grew physically distant from their fans as they played larger and larger arena shows. People began for searching something that spoke to their anger and frustration.

Enter snarly, stripped down sounds played by guys named Rat Scabies and Johnny Rotten and women like Poly Styrene.

It was in this world that Declan McManus toiled in pub rock bands around London. He was a suburban dad who dreamed of getting his break in the music biz as he slaved at his day job as a computer operator at Elizabeth Arden.

That break came by way of the freshly minted Stiff Records, a label that defied labelling. Stiff founders Jake Riviera and Dave Robinson saw in McManus a talented musician and songwriter, but a guy in need of a makeover. They gave him Buddy Holly glasses with the instructions "don't f—ing take them off." They dressed him in a narrow lapelled suit jacket and rolled stovepipe jeans. And they christened him with a new name because, according to McManus himself, the moniker Declan evoked images of "a guy in a cable-knit sweater singing whaling songs." The year was 1977 and Elvis Costello was born.

In his new book, titled Elvis is King: Costello's My Aim is True, film critic, Metro columnist and Costello super fan Richard Crouse details the making of the musician and his debut album. The book is a snapshot of a turbulent time in Britain's music history. Through the book, Crouse examines Costello's stylistic songwriting but, like most fans, is reticent to pigeonhole the singer-songwriter into one musical category. Instead, he analyzes the individual tracks and links them to the time and Costello's own life.

"I can honestly say that probably a week hasn't gone by since I first heard that record that I haven't listened to at least part of it," says Crouse in a recent interview. "Welcome to the Working Week is a song that gets played in the house at least once a day."

> **"Welcome to the Working Week is a song that gets played in the house at least once a day**
> Richard Crouse

Crouse was a 14-year-old in Liverpool, N.S. when his brother brought him My Aim is True.

"When I listen to this album, I'm immediately transported back to a very specific time in my life. My mom was ill for the entire time I was growing up and she died when I was 15 years old. I was this kid who was at home watching this woman who I adored get sicker and sicker and there wasn't going to be a magic cure that came along and it pissed me off. And this record was the sound of my anger in a lot of ways," he says.

In the book, Crouse writes of the album, "'joy is fleeting' seems to be Costello's overarching message here."

Indeed, Costello taps a universal truth: Life is hard and unfair, but you have to keep rockin' on.

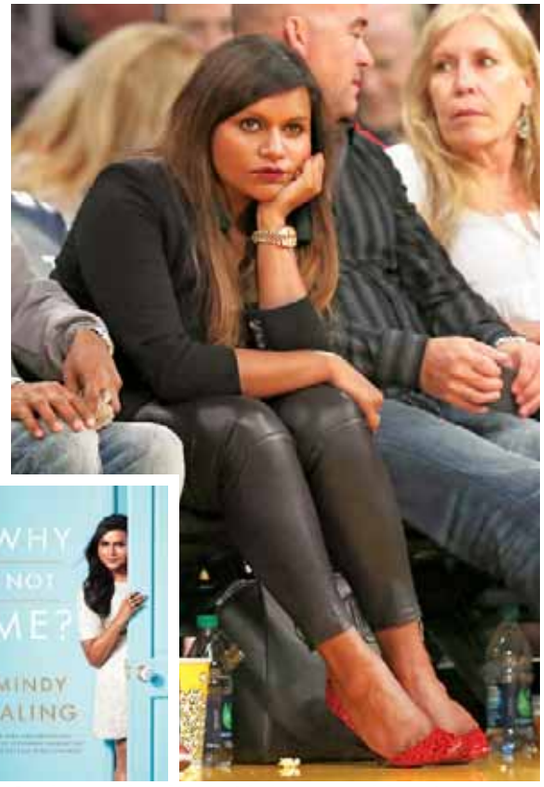
Mindy Kaling an open book, again

AUTOBIOGRAPHY

Three things to know about Why Not Me?

Emily Laurence
Metro | New York City

Fans may be mourning the inevitable end of The Mindy Project, but just because the show isn't being renewed doesn't mean you'll be seeing any less of Mindy Kaling. The actress/producer isn't one to sit still long and one of the projects she has in the works is the release of her second book, Why Not Me? While it's not coming out until Sept. 9, here's what we know already:



Just because her show isn't being renewed doesn't mean you'll be seeing any less of Mindy Kaling. GETTY IMAGES

1. It will have more hilarious stories straight from Kaling's personal life. The success of Kaling's first book, Is Everyone Hanging Out Without Me? was largely due to her witty storytelling, and her second book will have more of those laugh-out loud moments. According to the book's description, Kaling will be sharing stories about friendship, romance and attempting to feel body confident while playing the fame game.

2. It might make you cry. While we can always count on Kaling for a good laugh, expect her to get deep this time around. Since publishing her first book, her mother passed away and Kaling is also now a godmother, a role she doesn't take lightly. No one's life is just about the punchlines, including Kaling's.

3. It will inspire you to take more risks. Kaling says the book's title, Why Not Me? is her personal motto and has been the driving force behind many of her career choices. The book will show how she used it to accomplish things other people didn't think she could do and in turn, you'll be inspired to prove the haters in your own life wrong.

ANTI-BULLYING

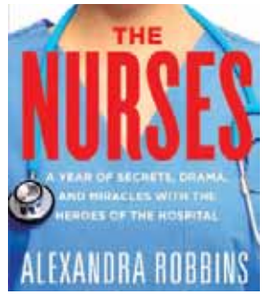
Celebrities join Tumblr's #PostItForward campaign

Actress Elizabeth Banks, singer Jordin Sparks and U.S. vice-president Joe Biden are helping Tumblr establish a safe place from bullies online. The celebrities appear in videos on the blogging website to launch its new #PostItForward campaign aimed at building a virtual community where it's safe to discuss personal issues such as sexuality, mental health or self-esteem. "We hope to change the conversation in society about the role online communities play in some of these issues," said Tumblr's Liba Rubenstein.

THE ASSOCIATED PRESS

INVESTIGATIVE JOURNALISM

New book exposes hazing by nurses



Journalist Emily Guendelsberger's brilliant work as an undercover Uber driver left us craving more investigative journalism and Alexandra Robbin's new book The Nurses hits just the spot. Robbins followed four real nurses for one year and interviewed countless others about the mean girl hazing that goes on right under doctors' noses.

Her exposé is shocking, especially when you realize that the person who suffers the most is the patient. According to her research, 63 per cent of cases resulting in a patient's death or permanent disability can be traced back to lack of communication, just one of the hazing tactics that go on at hospitals across the country.

You'll be reading this book slack-jawed.

EMILY LAURENCE/METRO NEW YORK

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GET FREEKEH

How to cook the latest 'it' super grain

I'm pretty sure that you need to have a weird name to qualify as a super grain. Just as you are learning how to pronounce quinoa, freekeh (freekuh) takes its spot. Freekeh is simply green wheat kernels that are harvested early and toasted. Legend has it that their yum factor was discovered by mistake when a Middle Eastern village was plundered and the unripe wheat field was set afire. Rather than crying over burnt wheat, it was harvested and cooked in water to a tasty, toasty pilaf. Take *that*, would-be plunderers!

As luck would have it, green wheat is more nourishing than ripe wheat.

It has more protein, is a resistance starch (which means it burns slowly so it won't raise your blood sugar like some other starches), and supports the good bacteria in your gut.

Freekeh is an unripe wheat.
ISTOCK

To cook freekeh:

- Use an almost 3:1 ratio of water or stock for a savoury dish, almond milk for a breakfast or sweet dish.
- Simmer covered for 35 to 45 minutes until the grain is at the chewiness of your liking
- Stir in cooked vegetables, garlic and olive oil or dried fruit and nuts. Freekeh can go either way.
- Cooked freekeh can be stored in the fridge up to seven days and scooped out into soups or salads. It can also be stir-fried like rice or used as oatmeal.

Wes Anderson hopes to inspire with design

BAR LUCE

Beloved U.S. director draws inspiration from '50s, '60s

Filmmaker Wes Anderson has designed a new bar in Milan, housed within Prada's new art and cultural institution.

Formica tables, veneered wood wall panels, pink and mint green seats, pinball machines and a jukebox are used to recreate the atmosphere of a typical Milanese café circa 1950s and '60s at Bar Luce. Or a café that would inspire a screenwriter.

"While I do think it would make a pretty good movie set, I think it would be an even better place to write a movie. I tried to make it a bar I would want to spend my own non-fictional afternoons in," Anderson said in a statement.

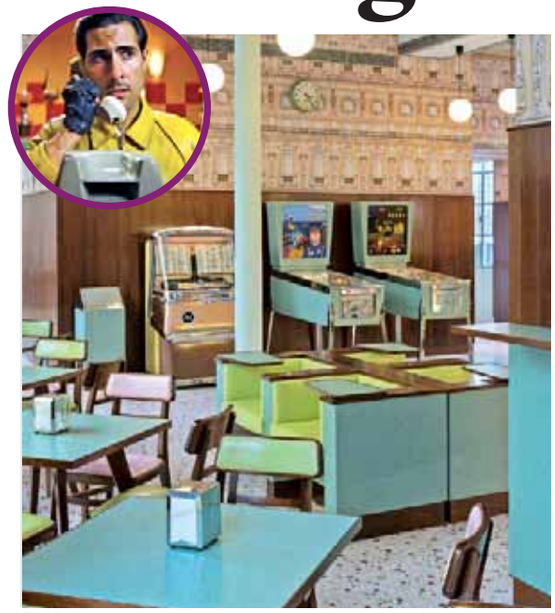
The director behind movies such as The Grand Budapest Hotel and The Life Aquatic with Steve Zissou preserved the original structure's arched ceiling in a nod to the vaulted glass roof and arcades of the Galleria Vittorio Emanuele II, one of Milan's most iconic architectural landmarks and one of the world's oldest shopping centres.

Opened over the weekend, the bar is part of the Fondazione Prada, a sprawling artistic complex and exhibition space housed within a former distillery dating from the early 1900s.

Wes Anderson fans may also recognize some of the motifs in the café from his short film Castello Cavalcanti — set in Italy in 1955 with Jason Schwartzman — as well as a Steve Zissou-themed pinball machine.

Anderson isn't the only filmmaker to parlay his cinematic visions to a brick and mortar space. In 2011, David Lynch opened an exclusive Paris nightclub called Silencio, with a private member's fee.

AFP



Bar Luce's whimsical decor as designed by Wes Anderson. Inset: still taken from Anderson's Castello Cavalcanti promo video starring Jason Schwartzman. CONTRIBUTED/AFP

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Bourdain's new book

FAVOURITE RECIPES

Globetrotting chef serving up tasty ideas for home cooks

Anthony Bourdain's cookbook Appetites will be released in fall 2016. CONTRIBUTED

Anthony Bourdain, one of the most irreverent, mordant, straight-shooting and simultaneously likeable hosts on food TV, will be releasing a new cookbook, his first in a decade, and this time written specifically for the home cook.

Called Appetites, the cookery book features favourite home cooking and entertaining recipes from the globetrotting chef, TV host, writer and raconteur.

Or, in his own words: "a psychotic, anally retentive, bad-tempered Ina Garten."

The result, says publisher Ecco, an imprint of HarperCollins, is a book that boils down 40 years of travels and professional cooking into a tightly curated repertoire of the chef's favourite home recipes — dishes he serves his own family and friends at his home in New York.

Bourdain is one in a string of celebrity chefs including Ferran Adria, Heston Blumenthal and Thomas Keller penning more accessible, simplified cookery books for the at-home chef.

Appetites will be photographed by Bobby Fisher, and the cover illustrated by British cartoonist Ralph Steadman, best known for his collaborations with Hunter S. Thompson.

The book will also feature a bonus pull-out poster of a deconstructed burger, as seen by Nathan Myhrvold, the culinary scientist behind the encyclopedic series Modernist Cuisine.

Bourdain's last cookbook, Anthony Bourdain's Les Halles Cookbook: Strategies, Recipes, and Techniques of Classic Bistro Cooking was published in 2004 based on the recipes he cooked at the iconic French brasserie in New York.

He currently hosts the travel docu-series Parts Unknown on CNN. Appetites is scheduled to be released in the fall of 2016. AFP

BEVERAGES

The apple of all beer drinkers' eyes

LIQUID ASSETS

Peter Rockwell
@therealwineguy

If Dr. Frankenstein was alive today, he'd own a brewery.

Never one to leave well enough alone, beer makers big and small have been piecing together their brews with all sorts of off-the-wall ingredients for years.

While some creations, like Wells' Banana Bread Beer (500 ml, $3.09 - $3.99) from the U.K., are inspired craziness, many others, like the recent trend towards lime-infused beer, are totally mass-market driven.

The popularity of cider has made the apple 2015's ingredient of choice for both craft and corporate breweries.

While it's still all about the fruit, Sage's Crazy Beard Wild Apple Ale (473 ml, $2.95 - $3.99) gives you a bit more beer flavour for your buck.

Bud Light Apple (12 x 355 ml, $17.99 - $26.199) is based on a subtle beer to begin with so, for the most part, you'd be hard pressed to tell this brew from a mainstream cider.

Prices reflect the range across the country. Some products may not be available in all provinces.

NUTRITIONAL RESEARCH

Mediterranean diet fights cognitive decline: Study

A study published in JAMA Internal Medicine provides new evidence that a diet rich in olive oil, nuts, fish, fruit, vegetables and legumes may reduce the risk of cognitive decline. Participants aged 55 to 80 who followed the supplemented Mediterranean diet scored higher than the control group, when it came to memory tests. AFP

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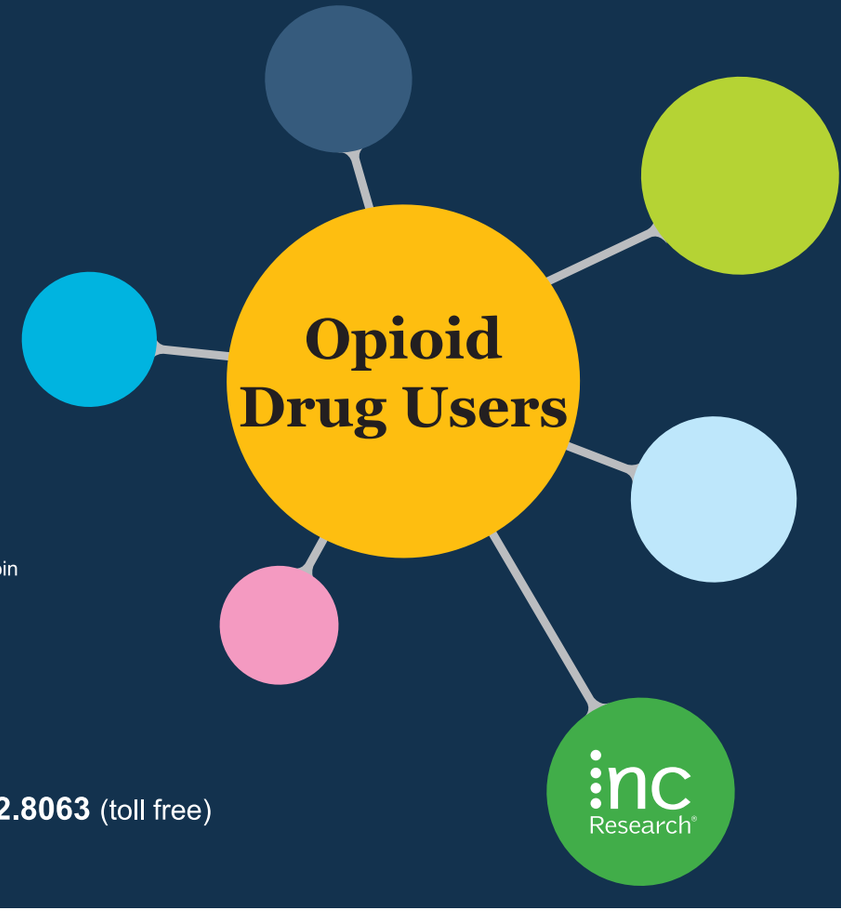
Eligible subjects will receive up to $4140 in financial compensation for participation in this clinical trial.



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Best picks from Cannes

FILM FEST

The best, brightest (and sometimes oddest)

Matt Prigge
Metro in New York City

From a movie about the lonely-hearted turning into animals to an action film from a legendarily snail-paced filmmaker to a sex epic to multiple iterations of John C. Reilly, this year's Cannes Film Festival proves that prestige doesn't mean pomposity.

Here are 10 we're most goosed to see.

Louder Than Bombs is the much-anticipated English debut by Danish filmmaker Joachim Trier. ALL PHOTOS HANDOUT

Carol

Todd Haynes' first theatrical feature in eight years takes the playful director back to the past, and back to another author of hard-boiled fiction. This time, instead of James M. Cain he's doing Patricia Highsmith, and not one of her pulpy page-turners either, but a romance, between a 20-something department store clerk (Rooney Mara) and an older woman (Cate Blanchett).

The source, The Price of Salt, is notable not only as lesbian fiction from the 1950s, but lesbian fiction from the 1950s that doesn't end in tragedy, as most do.

Dheepan

The thrillingly unpredictable French filmmaker Jacques Audiard makes another out-there segue, going from the mismatched semi-romantic drama of Rust and Bone into this look at a Sri Lankan Tamil warrior who winds up just outside Paris working as a caretaker. Previously, Audiard made a remake of the '70s classic Fingers (The Beat My Heart Skipped) and a polyglot prison epic (A Prophet).

The Lobster

Our pick for our most anticipated Cannes film finds Yorgos Lanthimos, of the genius Dogtooth, heading outside Greece to round up a dreamy international cast — including Colin Farrell, Rachel Weisz, Lea Seydoux, John C. Reilly, Ben Whishaw and more — for another fit of high-concept absurdity. The hook here is a dystopian future in which people are given a small window to pair off; if they don't, they are turned into animals and released into the wild. Yep! Lanthimos is a whiz not only with crazy premises but in how he shoots them.

Louder Than Bombs

Details on this English-language debut by Danish wunderkind Joachim Trier (a distant relative of Lars von) are fuzzy, but it's been described as being a Rashomon-esque look at a dead war photographer (Isabelle Huppert) and her two sons, one of them played by Jesse Eisenberg. Trier has previously made films about the miseries of being 20-something (Reprise) and the miseries of being 30-something (Oslo, August 31), so it should be interesting to see him straying slightly outside his comfort zone.

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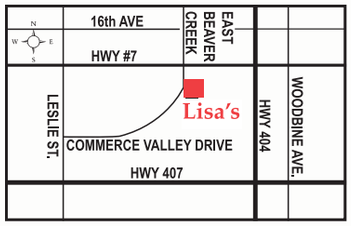

WHEN

April 2015

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May 2015

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Mon Roi
If you know actress-turned-filmmaker Maiwenn, it's likely as the blue tentacled opera diva from Luc Besson's The Fifth Element. But she also directed a number of films, including 2011's razor sharp Polisse. This features an impressive French thespian cast, including Vincent Cassel, Louis Garrel, Islid Le Besco and Emmanuelle Bercot, who herself directed fellow Cannes '15 player Standing Tall, the first film directed by a woman to ever open the fest.

Mountains May Depart
Jia Zhangke has long been a thorn in the side of officials in his native China, who have routinely censored and banned his hyper-critical, abstract films. He turned a corner with A Touch of Sin, which was more accessible than his past works but no less scathing. We're assuming the same applies to his eighth feature, which also boasts three stories, albeit all over time: one in the '90s, one in the present and one in 2025.

Sea of Trees
It's actually been a long time — since 2008's Milk — since Gus Van Sant has made anything worthwhile, and since 2007's Paranoid Park that he made anything great. If nothing else, his latest should be beautiful, unfolding in Japan's Suicide Forest, where two men (Matthew McConaughey and Ken Watanabe) run into each other while looking to take themselves out. Sounds dopey! But so have other previous, great Van Sants.

Tale of Tales
John C. Reilly pops up again and in a second international production, this time opposite Salma Hayek as a king and queen in this battering ram of 17th-century folk tales, told by Gomorrah filmmaker Matteo Garrone. Garrone has said the stories offer commentary on today's world, and it should be interesting watching the semi-realist filmmaker doing a semi-pricey Euro fantasy, also featuring Vincent Cassel (again), Stacy Martin and Toby Jones.

Hayek in Tale of Tales.

Shu Qi in the Assassin.

The Assassin
It's hard to believe Taiwanese master Hou Hsiao-hsien hasn't made a feature since 2008's The Flight of the Red Balloon, and even harder to believe it's a martial arts movie featuring one of his regular actors, Shu Qi. Still, we're betting it's more Hou than King Hu, with plenty of chances for his signature long takes, choking mood and plays with how we process memory. Or it may just be Shu Qi hurting people, which would be cool, too.

Youth
Speaking of Italian filmmakers, The Great Beauty's Paolo Sorrentino is yet another filmmaker heading over to the English language, though he's done that before, with 2011's underrated This Must Be the Place. (That's the one with Sean Penn looking very Robert Smith.) This one has Michael Caine and Harvey Keitel bumming around the Alps, acting like leering old men. Also along for the ride are Paul Dano, Jane Fonda and (also again) Rachel Weisz.

CANNES WATCH

Don't ask the Coen brothers about TV (they're not watching)

Joel and Ethan Coen are presidents of the jury that will decide the Cannes Film Festival top honour, the Palme d'Or.

Introducing their jury, which includes Jake Gyllenhaal and Guillermo del Toro, the filmmaking brothers confessed Wednesday they remain outsiders to the much-celebrated rise of TV dramas.

"It's not that I don't like TV," said Ethan Coen. "It's alien to me. I haven't watched a television show in decades."

Joel admitted he was no more familiar than his brother, despite the fact that his wife, Frances McDormand, recently starred in the acclaimed HBO miniseries Olive Kitteridge. "You're going to get me in trouble," he said.

The Coens' 1996 film Fargo was turned into the FX series, but with little input from them.

THE ASSOCIATED PRESS

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Scott Foley says it was like reading his own obituary when he saw reaction to the scene where it appears his Scandal character Jake Ballard dies. CONTRIBUTED

Scott Foley on scandal making

PLOT LINES

Actor explains tweet that had fans believing his character died

Scott Foley teased Scandal fans when it appeared his character, Jake Ballard, had been stabbed to death.

After the episode aired, Foley tweeted, "So there it is. Thank you Twitter for tonight and all of the Thursday nights. It's such an honour."

The next episode of the ABC drama revealed that Ballard had survived the attack.

In a recent interview, Foley broke down the tweet in this way:

"I said I've loved doing the show, which I have. I think I said 'there it is,' which it was. I've loved being a part of this show, which I have.

"Everything was present tense and I may have been leading people on.''

Reaction to the scene was "sort of like reading your own obituary," he said.

"There's something very strange about people talking about you like you're no longer there and I'm there.

"And I'll tell you the most interesting and sort of disheartening thing was reading really intelligent analysis of it where people believed that I was gone and the end would be something like, 'We love Scandal, but we think this is probably best for the show, so goodbye Jake. Thanks so much.'

"And I thought, 'That's not really what I wanted to hear. I'm still here.'''

If Ballard had died, it would have been the second time that producer Shonda Rhimes had killed off Foley's character. He played Henry Burton, who died on Grey's Anatomy.

The 42-year-old Foley joked that it's OK if Rhimes does it again — "as long as she keeps putting me on other shows!"

Scandal, also starring Kerry Washington and Tony Goldwyn, airs its season four finale tonight (9 p.m. EDT).

THE ASSOCIATED PRESS

> **There's something very strange about people talking about you like you're no longer there and I'm there.**
>
> Scott Foley on reacting to comments from people who thought his character in Scandal had died.

NETWORK NOTES

CBS ends CSI this fall, introduces Supergirl

CBS is saying goodbye to its long-running hit CSI: Crime Scene Investigation with a two-hour finale this fall and hello to Supergirl, an unusual genre show for the network.

Television's most popular network will wrap one of its most pivotal hits — the CSI that started the franchise in 2000 — on Sept. 27, with original cast members William Petersen and Marg Helgenberger returning for the finale.

CSI star Ted Danson will be sticking around, with his character joining the spinoff CSI: Cyber when it returns for its second season with star Patricia Arquette.

CBS will introduce five new programs in the fall, including the uncharacteristic comic-book based Supergirl and a comedy with Jane Lynch as a less-than-saintly guardian angel.

The network is the most watched for the seventh year in a row.

THE ASSOCIATED PRESS

SCARJO'S GOLDEN CURVES; MAD MAX INCURS MISOGYNISTIC FURY

Mathematically, Scarlett's perfect

As far as ideals of perfect physical beauty, one from all the way back in Ancient Greece seems pretty tough to argue with, yeah? That's at least what lingerie brand Bluebella seemed to be thinking when they checked to see how a bevy of female celebrities stacked up against the "Golden Ratio" of curves (1.618 for all you math nerds out there).

According to this very scientific study, Scarlett Johansson is as "close to physical perfection" as any living celebrity thanks to her ratio of 1.560. Kim Kardashian came in second, while Helen Mirren nabbed third.

MRAs calling for Mad Max boycott

It looks like word of the secret girl-power bent in Mad Max: Fury Road has reached those lovable, reasonable folks in the Men's Rights Activists movement. One blog, Return of Kings, is calling for a full-on boycott of the souped-up action movie.

"Men in America and around the world are going to be duped by explosions, fire tornadoes and desert raiders into seeing what is guaranteed to be nothing more than feminist propaganda," Aaron Clarey writes.

"Hollywood is a garbage propaganda machine which spews out this feminist drivel filth into the minds of today's young audience. Even though science has told us and proven, that men are physically stronger than women, it is nonetheless discarded by the forces driving this feminist nonsense."

Honestly, isn't this, like, the best endorsement a film can receive?

NED EHRBAR/METRO IN HOLLYWOOD

Putting the biz in showbiz

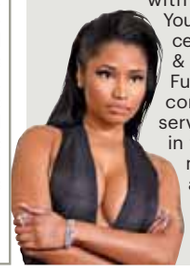
Business ownership is the latest must-have among women on the A-List. Here are some celebs that are cashing in on their stardom. THE ASSOCIATED PRESS

Halle Berry Scandale Paris

The Oscar winner's line of $7 panties and $18 bras went on sale at Target stores last year. Berry wants to expand the brand into swimsuits and nightgowns, but first, Scandale Paris lingerie will be sold in more international stores later this year.

Nicki Minaj Myx Fusions

The Anaconda rapper co-owns bubbly moscato maker Myx Fusions with Mona Scott-Young, the producer of VH1's Love & Hip Hop. Myx Fusions Moscato comes in single-serve bottles and in three flavours: mango, coconut and peach. Up next for Myx Fusions: A line of fizzy sangrias.



The Jessica Simpson Collection

The singer, actress and reality TV star started her brand a decade ago. Its clothing, shoes and accessories are now sold in several department stores, including Macy's, Nordstrom and Dillard's. Her mother, Tina Simpson, is the company's creative director.

Reese Witherspoon Draper James

The star of Wild, Walk the Line and Legally Blonde fame started online shopping website Draper James last week. The company sells Southern-inspired fashions and home goods, including $125 shorts, a $155 tote bag and $175 sunglasses.

PHOTOS: GETTY IMAGES, THE ASSOCIATED PRESS

ENTREPRENEURSHIP

More celeb women using star power to start businesses

These days, one of the most-coveted roles among A-list actresses is business owner.

Oscar winner Halle Berry is one of the latest female celebrities to start a business. She launched Scandale Paris last year, a line of lingerie sold at Target stores.

For decades, famous faces have been hired by big corporations to sell hair dye, lipstick and high-end fashion. But now, more female celebrities are taking control and starting their own businesses. It's also helping some balance career and motherhood.

"Having a business like this, I can do more work at home, be with my family," said Berry, who is co-owner and creative director of Scandale Paris. "I have two little kids now. I can't travel around the world and do a movie like I used to."

Walmart shoppers can pick up lip gloss, mascara and perfume made by Flower, a makeup brand co-owned by actress Drew Barrymore. Fitness fanatics can buy a pair of yoga tights from Fabletics, an online seller of workout gear co-founded by actress Kate Hudson.

"It's way more lucrative than making one movie a year," said Jo Piazza, author of Celebrity, Inc.: How Famous People Make Money.

Berry stumbled upon Scandale Paris during a trip to France. Founded more than 80 years ago, the brand was struggling because the undergarments were too expensive, Berry said. She called her business partner, Erik Ryd, and they bought the company. In October, Scandale's $7 panties and $18 bras began selling at Target. In France, they're sold at Carrefour.

Berry is involved with the design of the lingerie and chooses fabrics, even as she films the second season of CBS show Extant. In the next few months, Scandale Paris will be sold in Canada, Asia and more European countries.

Male stars have always had their hand in business ownership, said Piazza, but more women are getting into the game. Owning a business gives stars the potential to make more money over a longer period of time than with short-term endorsement deals. And they have a better chance of succeeding than an average small business owner, since stars come with built-in customers: Their fans.

THE ASSOCIATED PRESS

Barrymore was approached to start Flower by makeup company Maesa after the actress and producer's five-year endorsement deal with cosmetics company CoverGirl ended. VICTORIA WILL/INVISION/THE ASSOCIATED PRESS FILE

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Mega projects take shape

CONDOS

Developments to include urban village, rental housing

CONDO TRENDS
Duncan McAllister

It's been a blockbuster year for announcements of mega condo projects in Toronto. Metro looks at three major developments that are bound to transform the urban fabric of their respective neighbourhoods.

At the southwest corner of Bloor and Yonge streets, the iconic gateway to Yorkville and the Bloor Street shopping district, a proposal is underway to construct an 80-storey mega-tower. Next to the CN Tower, this will be the tallest building in Canada. The One, as it is called, will consist of a combination of condominium residences and retail at street level.

Mizrahi Developments purchased the property, which for more than 100 years served as the site of the former Stollerys clothing store. The building will be designed by high-profile architect Norman Foster and will feature a distinctive exoskeletal design.

Further west along Bloor at Bathurst Street is another major development proposal. The entire corner block at the former site of Honest Ed's discount store is slated to be transformed into an urban village.

West coast developer Westbank Properties purchased the property in 2013 and envisions plans for a community with more than 40 buildings surrounding a central plaza. The developers have opted to go entirely with rental housing with a diverse mixture of housing types. The Mirvish Village Public Market will be a public meeting place and open market along the lines of the St. Lawrence Market.

80
Number of storeys in The One project, which would make the building the second tallest in Canada.

Further south, the mammoth Regent Park revitalization project is in its third phase of construction. The five-phase plan aims to rebuild the entire neighbourhood, originally the site of a 69-acre, wartime-era social housing project in need of urban renewal.

The Daniels Corporation has partnered with Toronto Community Housing and has been tasked with the lion's share of the development, spearheading a number of new condominiums and townhomes, both rent-geared-to-income and market units.

The Bartholomew in Regent Park is to consist of 159 suites. DANIELS CORPORATION

The site (right) of the former Honest Ed's discount emporium is to house a community of more than 40 buildings. WESTBANK CORP.

A rendering of The One (left) at Yonge and Bloor Streets. MIZRAHI DEVELOPMENTS

One Park West was the first condominium located on the new central park and the company recently launched its sixth market condo in Regent Park. Daniels director of project implementation Jake Cohen says the demand for lowrise townhomes in the downtown core has been staggering. The Bartholomew is a combination of 159 suites in a 13-storey midrise and 30 townhome units.

"Also starting this summer is the Maple Leaf Sports and Entertainment Regent Park athletic grounds. There's going to be a soccer field, a convertible cricket pitch, a basketball court, they've already refurbished the hockey rink, a running track and garden plots. So it will really round out the neighbourhood," says Cohen.

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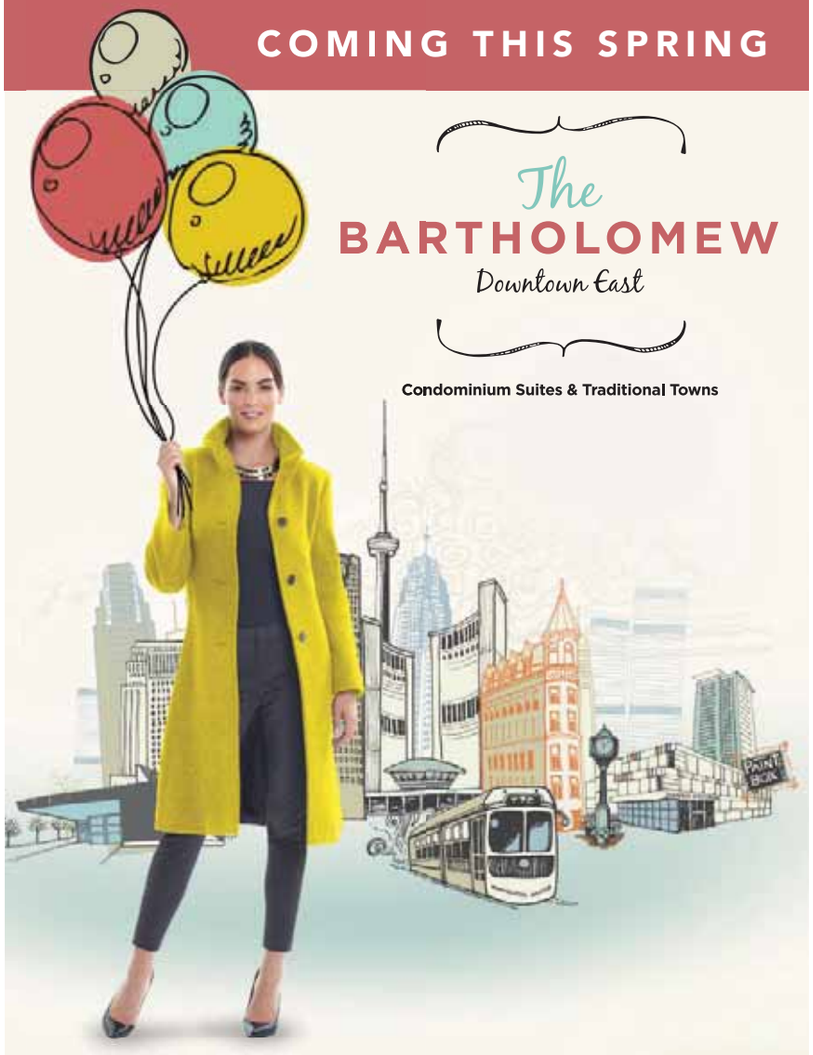

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There's loads to do by Fontana Square

Project overview

A new project by H&W Development, part of the Fontana condominium community, these classically designed suites and two-storey condo townhomes are connected with a Central Park courtyard and walkways in this master-planned community. The towns boast private street entrances with a fenced front patio.

Location and transit

There's no need to own a car – access to VIVA transit is across the street, with quick access to the Unionville GO rail station. Drivers are close to Highways 7, 407 and 404, to get you to the downtown core within 40 minutes.

Building amenities

Fontana Square features gated access, a two-level lobby area and 24-hour concierge. There's more than 7,000 sq. ft. of recreational space, including an indoor lap pool, multi-purpose gym and fitness centre, in addition to a 50-person party room outfitted with a chef-grade kitchen.

In the neighbourhood

There are many lifestyle options here, from shopping to attending league sports and going to watch live theatre. Markham Town Square and Markville Shopping Centre are nearby, along with the Markham Theatre. There's the Angus Glen Golf Club and Markham's Pan Am Games athletic centre.

EVERYTHING YOU NEED TO KNOW

What: Fontana Square Collection
Builder: H&W Development Corporation
Location: 10 Cedarland Dr., Markham
Building: Four condo towers from 10 to 15 storeys and 42 townhomes
Pricing: Two-bedroom plus den starting at $468,900; condo towns starting at $630,900
Status: Under construction
Occupancy: Summer 2016
Website: fontanasquare.com

ADVICE

Value claim arises in split

LEGAL MATTERS
Jeffrey Cowan

Q: My husband and I sold our home last year to take advantage of the excellent prices and decided to move into a rental apartment for a while until we figured out what we were doing. We purchased a condo for a great price and put it in my name for tax purposes. We paid cash for the property and have tenants in the condo. Since that time, our relationship broke down and we have filed for divorce. My husband, through his family law lawyer, is claiming half the value of the condo even though it is in my name. Can he do this?

A: Although I am not a family law lawyer, I can tell you that if you used the funds that you obtained from the sale of your family home to purchase the condo, there is a strong case to be made that these funds can be traced to the newly purchased property and your husband has a claim over half of this asset. If you used your own personal funds that, for instance, came from an inheritance, you could argue that the new property was not the matrimonial home as it had never been lived in by you and therefore it does not belong to the family assets. The rules around this type of investment need to be carefully examined and your family law lawyer would be able to give you a definitive answer.

REAL ESTATE

What's hot on the market

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CONTACT: 416-666-4656, COUNTRYWIDEHOMES.CA

2 REGENT PARK

Open house: Here's a downtown, one-bedroom plus den suite with parking and locker at One Park West condos. Visit 260 Sackville St., Suite 702, on Sunday from 1:30 to 3:30 p.m.

CONTACT: PAMELA SIMONS, 416-203-6636

3 YORKVILLE

Sales event: Chaz Yorkville condos is holding a promotional event this week with financial incentives, a furniture package with Bo Concepts and a credit on closing. Visit the sales centre at 45 Charles St. E.

CONTACT: CHAZYORKVILLE.COM

No regulatory barriers encourage prosperity

Bryan Tuckey

BILD is at the table assisting the Ontario government with its review of the Greenbelt and the provincial Growth Plan.

We have a number of important recommendations to bring forward, all of which will significantly increase our industry's ability to build quality, complete communities across the GTA.

Among our list of recommendations is the need for the province and municipalities to focus on removing barriers to intensification in areas that are ready for development. These regulatory barriers exist at municipal, regional and provincial levels, and are a significant source for delays in bringing new developments to market.

As many of you know, time is money and any delays in the development process result in additional costs for new-home buyers and business owners.

It is now important to focus our attention on making growth happen in designated areas. First, one must recognize the importance of streamlining the planning process and ensuring that development proposals that conform to Growth Plan objectives are approved in a quick and efficient manner.

The first step is to implement a "making this happen" attitude and predesignate, as well as prezone, lands for development of residential, commercial and employment properties.

A key component of this step is to ensure zoning bylaws are updated within three years of the Official Plan municipalities across the region. This will help reduce unnecessary delays and costs, as well as improve housing choices for new-home buyers.

> **Any delays in the development process result in additional costs**

Building homes people can afford to purchase and businesses that can remain competitive has been a growing challenge for our industry, partially due to the perpetual increase of government fees and charges on new homes. These fees are taxes on new homes paid by new-home buyers and make up about 20 per cent of the cost of a home, according to a study conducted a few years ago.

In this column space, keep an eye out for updates on the proceedings as we work together to build a greater GTA.

BRYAN TUCKEY IS PRESIDENT AND CEO OF THE BUILDING INDUSTRY AND LAND DEVELOPMENT ASSOCIATION (BILD) AND A LAND-USE PLANNER WHO HAS WORKED FOR MUNICIPAL, REGIONAL AND PROVINCIAL GOVERNMENTS.

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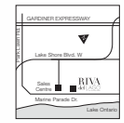

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Square-edged strip mouldings add strong architectural lines and create a focal point in a plain room. CB2.COM

Limitations can still enable style

DESIGN CENTRE
Karl Lohnes

Decorating tips for your condo or apartment that will also keep your board or landlord happy.

Q: I recently purchased a condo and would like to stamp my decor on it. What are some easy decorating investments I can make?
— Jann, via email

A: Whether a renter or condo dweller, there are limitations to what you can and cannot do when decorating and renovating your space. Here are a few decorating ideas that most landlords and condo boards are willing to allow in order to have the stylish home you have always dreamed of:

WALLS

Paint is the most inexpensive way to add drama to your home.

I suggest painting one wall a darker tone of a neutral that is already existing in your decor scheme. For instance, if you have a grey upholstered headboard then paint the wall behind it a much deeper grey. Using a high-gloss sheen paint will add an instant touch of glamour to any space.

Wall decals and peelable wallpaper are great options to add interest to bland walls and create a focal point without ruining the existing painted walls.

Adding strip moulding to a wall can give a sense of subtle architecture to a room. Use square-edged holdings for a contemporary feel and curved for traditional.

KITCHEN AND BATH

If you own your place, then updating old countertops, sinks and faucets is a great investment to consider.

Look for dark concrete-coloured counters, bronze faucets and square-shaped sinks to help give your rooms that up-to-date trendy look.

Always use licensed trade professionals to do this type of work; most condo boards have a list of preferred trades who have worked within the building and know the condo board rules when renovating.

A colourful shower curtain is the easiest way to add big impact to a rental bathroom (and it can hide chipped hubs and mouldy grout).

Match new towels and floor mats with the shower curtain for a cohesive look in a small space.

LIGHTING

Inexpensive picture lights help to illuminate artwork and wash the walls with soft light; under-cupboard lighting in a kitchen will not only be helpful when preparing food but also add a sexy glow at night.

Dimmer switches on every overhead light will put you in full control of creating the most flattering light; remember to call in a professional to do any type of hard-wiring or electrical work.

What they're a$king

OUR CITY

Two-bedroom resale condos offer the complete urban living experience with a tad more space for couples with tiny tots or someone who is downsizing from a house. Older condo buildings also tend to offer larger floor plans. **Duncan McAllister** FOR METRO

$458,900

Toronto

This boutique condominium at 21 Nelson St. offers a superb location in the heart of the financial and entertainment district. The building is centrally located near the Queen Street shopping district, and theatres and restaurants along King Street. The suite has two bedrooms and two bathrooms, with nearly 800 sq. ft. of living space. The building amenities include community barbecues, a meeting room, a fitness centre and gym, and an outdoor pool. There are also guest suites, a games and party room, and 24-hour concierge service. Listing agent Alex J. Wilson is with Re/Max Condos Plus, 416-996-5181.

$654,900

Ottawa

A unique suite resides in the award-winning Heritage School House Lofts in Hintonburg. The midrise condo conversion has only 12 units. A blend of classical and modern architecture, this hard loft has exposed brick and timber throughout the building. With more than 1,500 sq. ft. on two levels, it's also a great entertaining space. Listing agent Kerry Millican is a sales representative with Royal LePage Team Realty, 613-290-2990.

$284,900

Halifax

This bright, two-bedroom suite is minutes away from Bayers Lake business park and the downtown area. The open-concept layout boasts a large wraparound balcony and nine-foot ceilings. There's a spacious master bedroom with a walk-in closet. Amenities include a fitness centre with two saunas and a hot tub. The condo fees include heat and hot water. Listing agent is Thomas Bagogloo from the Bagogloo Team, RE/MAX nova, 902-830-9006.

$274,900

Winnipeg

This spacious, bright and open-concept suite is in the Bridgewater Forest community. It has an oversized balcony and a kitchen with white quartz countertops and dark espresso cabinets. There's a generous-sized pantry and stainless-steel appliances. The suite also has central air conditioning and ensuite laundry. Nearby are shops, a golf course, and public transportation. Listing agent Chris Kenny is a sales representative with Re/Max Professionals, 204-899-4858.

$339,900

Calgary

Situated in a unique setting in Crescent Heights, this two-bedroom condo comes with two underground parking stalls. It features new flooring, an open living area, wood-burning fireplace, lots of storage space, and good counter space in the kitchen. The ensuite storage room is large and home to a full-sized stacking washer and dryer. Susan Harrigan is a sales representative for Homelife Cityscape Real Estate, 403-669-9112.

$449,000

Vancouver

This 898 sq.-ft. suite resides in the trendy Mount Pleasant area. Listed at $449,000, it sold at press time for $444,900. Spacious and bright, the suite includes an updated kitchen with stainless-steel appliances and glass tile backsplash, as well as skylights, laminate flooring, and a new bathroom. The living room has a cosy wood-burning fireplace with views of the city and mountains. Listing agent is Cathy Graham with Royal LePage Sussex, 604-984-9711.

metro SPORTS

The U.S. men's 4x100 team was stripped of its silver medal from the 2012 Olympics due to Tyson Gay's doping case

Toronto FC still losers despite win on home turf

CANADIAN CHAMPIONSHIP

Impact advance to the final on away goals rule

SECOND LEG Semifinal

TORONTO FC	MONTREAL IMPACT
3	2

Montreal wins 3-3 on aggregate (away goals)

An 84th-minute goal by Dominic Oduro was enough to secure the Montreal Impact's passage to the Amway Canadian Championship final in a roller-coaster game Wednesday.

Toronto FC won 3-2 on the night but the aggregate was tied 3-3, thanks to a 1-0 win in the first leg of the semifinal in Montreal last week, so the Impact advanced on the away goals rule. For Montreal, it means another step down a path that led them to the CONCACAF Champions League final.

The dagger in the heart came when Oduro, a former Toronto player, beat Damien Perquis to head in an Eric Miller cross.

Up until then it had looked like two goals in three minutes would lift Toronto past the Impact, with designated players Jozy Altidore, Michael Bradley and Sebastian Giovinco running the show.

Goals by Benoit Cheyrou and Giovinco in the 56th and 58th minutes put Toronto ahead. Altidore, who set up both goals, opened the scoring for the home side.

Kenny Cooper also scored for Montreal, whose first-leg goal came from Jack McInerney.

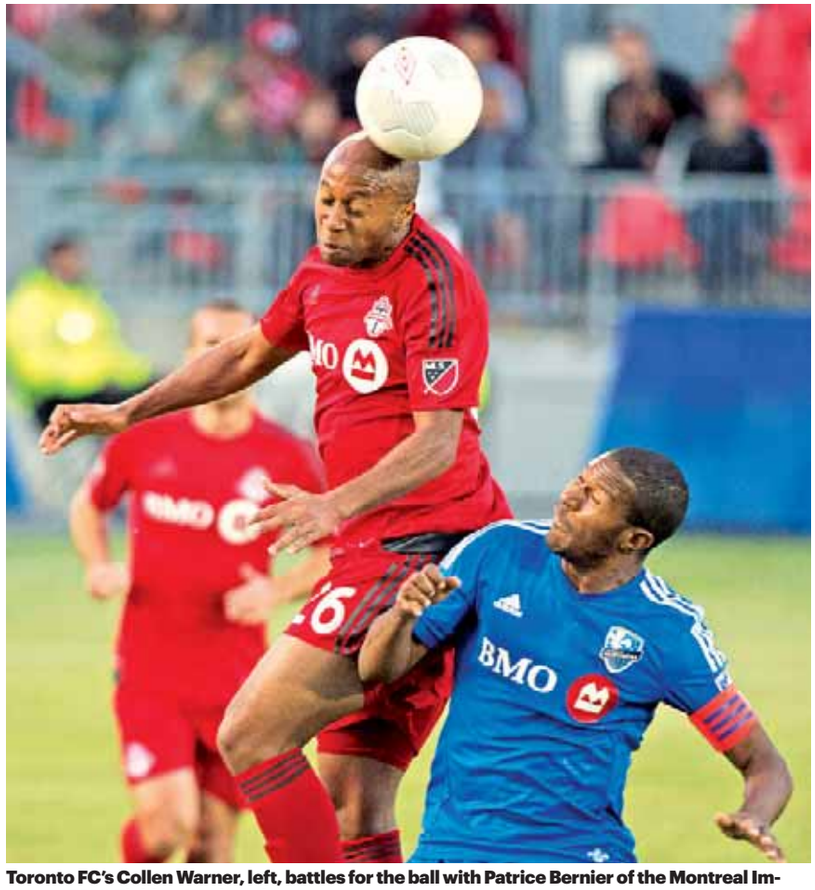
The Impact will meet the winner of the Vancouver Whitecaps-FC Edmonton semifinal to determine who will represent Canada in next year's CONCACAF Champions League.

Toronto manager Greg Vanney had promised a more aggressive approach after a 2-1 weekend loss to visiting Houston and delivered with a high-powered lineup and attacking formation.

Vanney, who rested all but three regulars in Montreal, rolled out eight of his starters from the weekend. The almost full-strength side featured all three designated players as well as European imports Cheyrou and Perquis.

In contrast, Montreal coach Frank Klopas stuck with just four starters from the Portland game and kept DP Ignacio Piatti on the bench until the 68th minute.

THE CANADIAN PRESS



Toronto FC's Collen Warner, left, battles for the ball with Patrice Bernier of the Montreal Impact at BMO Field on Wednesday. NATHAN DENETTE/THE CANADIAN PRESS

WORLD CHAMPIONSHIP

Crosby relishing his role as leader

When Sidney Crosby decided to play at the world hockey championship after his Pittsburgh Penguins were ousted from the NHL playoffs, it didn't occur to him that his role on Team Canada would be much different than the last time he competed at the tournament.

Back in 2006, Crosby was a fresh-faced 18-year-old who had just finished his rookie season in the NHL. Nearly a decade later, he has two Olympic gold medals, two Hart trophies and a Stanley Cup to his name.

Sidney Crosby GETTY IMAGES

"I never thought I was going to be one of the older guys on the team," the 27-year-old Canadian captain said after practice Wednesday. "But it's kind of worked out that way."

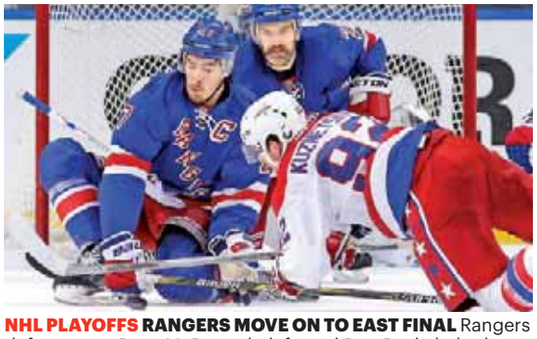
Crosby was Canada's offensive catalyst in 2006, amassing 16 points in nine games and becoming the youngest player to win a world championship scoring title.

2009

The last time Canada won a world championship elimination game. Canada has suffered quarter-final defeats in the past five tournaments

He's still a big part of Canada's attack this year with three goals and four assists in six games, but he also provides veteran leadership for a talented but young team. That steadying presence is crucial for Canada as it heads into its quarter-final match against Belarus on Thursday.

"He has provided tremendous leadership both on the ice and off the ice, as he should," said Canada coach Todd McLellan. "He's been to so many of these events. He's won so much that guys look to him and he continues to carry that torch for our country." THE CANADIAN PRESS



NHL PLAYOFFS RANGERS MOVE ON TO EAST FINAL Rangers defencemen Ryan McDonagh, left, and Dan Boyle help defend their goal as Capitals centre Evgeny Kuznetsov goes on the attack during Game 7 of their second-round playoff series on Wednesday night in New York. Derek Stepan scored in overtime and the Rangers won 2-1 to advance to the Eastern Conference final. KATHY WILLENS/THE ASSOCIATED PRESS

IN BRIEF

Noted labour attorney assigned Brady's appeal

Noted labour attorney Jeffrey Kessler will aid in the players' union's planned appeal of Tom Brady's suspension.

The New England Patriots quarterback was suspended by the NFL for the first four games of the 2015 season for his role in the deflating of footballs. He has until 5 p.m. EDT on Thursday to file the appeal. His lawyer, Don Yee, and the union have said they will appeal. THE ASSOCIATED PRESS

MLB

Gonzalez leads O's to win over Blue Jays

IN BALTIMORE

ORIOLES	BLUE JAYS
6	1

Miguel Gonzalez scattered three singles and allowed just one unearned run while pitching into the eighth inning, and the Baltimore Orioles beat the Toronto Blue Jays 6-1 on Wednesday night.

Alejandro De Aza reached base four times for the Orioles on a single, double, hit by pitch and a walk. Rookie Rey Navarro got his first career home run with a solo shot to lead off the eighth.

Gonzalez (4-2) struck out five and walked two in 7-2/3 innings to improve to 7-2 with a 2.38 ERA in 12 career starts against Toronto.

The Blue Jays' only run came on a passed ball in the eighth.

THE ASSOCIATED PRESS

Juve slams door on Real in semifinal

Cristiano Ronaldo grimaces after a missed chance on Wednesday in Madrid. GONZALO ARROYO MORENO/GETTY IMAGES

CHAMPIONS LEAGUE

Italians shock Bernabeu to set up final against Barça

SECOND LEG In Madrid

JUVENTUS	Real Madrid
1	1

Juventus wins 3-2 on aggregate

Juventus came back from a goal down to draw 1-1 with Real Madrid on Wednesday and line up a Champions League final against Barcelona with a 3-2 victory on aggregate.

Former Madrid striker Alvaro Morata scored the priceless equalizer for Juventus against his old club in the 57th minute at the Santiago Bernabeu Stadium.

Madrid was trailing 2-1 after last week's first leg in Turin and the defending champions looked to have turned the contest around in the 23rd minute when Cristiano Ronaldo scored a penalty to give his side a 1-0 lead.

But Morata's goal from close range meant there will be no all-Spanish final in Berlin on June 6, and Juventus gets a chance to lift the trophy for a third time.

"This doesn't end here," Morata said. "We want to create history."

Juventus coach Massimiliano Allegri paid tribute to his match-winner and the rest of the team.

"Alvaro has grown physically, mentally and tactically," he said. "I'm proud, this is an extraordinary squad. They've outdone themselves."

For Madrid, the pursuit of an 11th European Cup ended at its own stadium.

"It's hard," Madrid defender Sergio Ramos said. "The team fought but we have to say goodbye. We thought we had done enough with the goal, but we let it slip and paid the price. Their goal hit our team's morale hard."

Juventus is still on course for a treble, having already secured the Serie A title and a place in the Italian Cup final in Rome against Lazio. THE ASSOCIATED PRESS

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ADVANCING GENERICS

No pain, no gain for Cavs soldier Irving

Point guard Kyrie Irving played with injuries in Games 3, 4 and 5 of the Cavaliers' series with the Bulls JONATHAN DANIEL/GETTY IMAGES

NBA

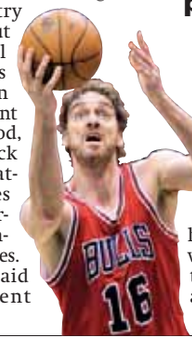
All-star point guard battling through series despite injuries

As the crowd's roar softened after the Cavaliers fended off Chicago's last, late charge, LeBron James smiled and mocked Kyrie Irving's slow, pained walk.

"Get your limping (butt) over here," James said before wrapping his arms around his gifted, gimpy younger teammate.

Irving — an all-star point guard who enticed James to return home to Cleveland — had willed himself through the pain of a sprained right foot and a sore left knee in Game 5 to get the Cavaliers within one win of the Eastern Conference finals.

He'll have to do it again as the Cavs try to close out a semifinal that has featured an undercurrent of bad blood, back-to-back buzzer-beating finishes and a historic performance by James.



Irving said the torment has been not being able to play at 100 per cent at such a crucial time.

> **"I'll be out there. I don't know, but whatever percentage I will be, that's what I'll give**
> Bulls forward Pau Gasol

"This has been the biggest mental challenge of my career thus far," he said. "It's just because I want it more and I want to be that guy for my teammates, as well as LeBron."

Irving said he had to come to grips with not being physically sound in Games 3 and 4, where he felt he struggled as little more than a "decoy."

"Obviously, I'm really confident still in myself, but I just want to go out there and play for my brothers," he said. "That's all that matters at this point."

Irving was "sore" on Wednesday and undergoing more treatment before the Cavs head to Chicago for Game 6 on Thursday, Blatt said.

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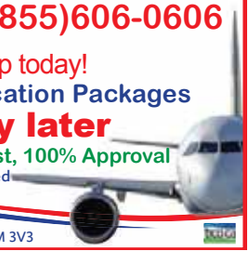
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RECIPE Rose's Famous Light Banana Bread

EAT LIGHT AT HOME

Rose Reisman
rosereisman.com
@rosereisman

Ready in
Prep time: 10 minutes
Baking time: 30 minutes

Ingredients
- 1 large ripe banana, mashed (about ½ cup)
- ¼ cup vegetable oil
- ¾ cup granulated sugar
- 1 large egg
- 1 tsp vanilla extract
- ¼ cup reduced-fat sour cream
- ¾ cup all-purpose flour
- 2 Tbsp whole wheat flour
- 1 tsp baking powder
- ½ tsp baking soda
- ⅓ cup semisweet chocolate chips

Directions

1. Preheat the oven to 350°F. Lightly coat an 8- × 4-inch loaf pan with cooking spray.

2. Using a whisk or an electric mixer, combine the banana, oil, sugar, egg, vanilla and sour cream in a large bowl until smooth.

3. In another bowl, combine both flours, baking powder and baking soda. With a wooden spoon, stir the dry mixture into the banana mixture until the dry ingredients are just moistened. Fold in the chocolate chips.

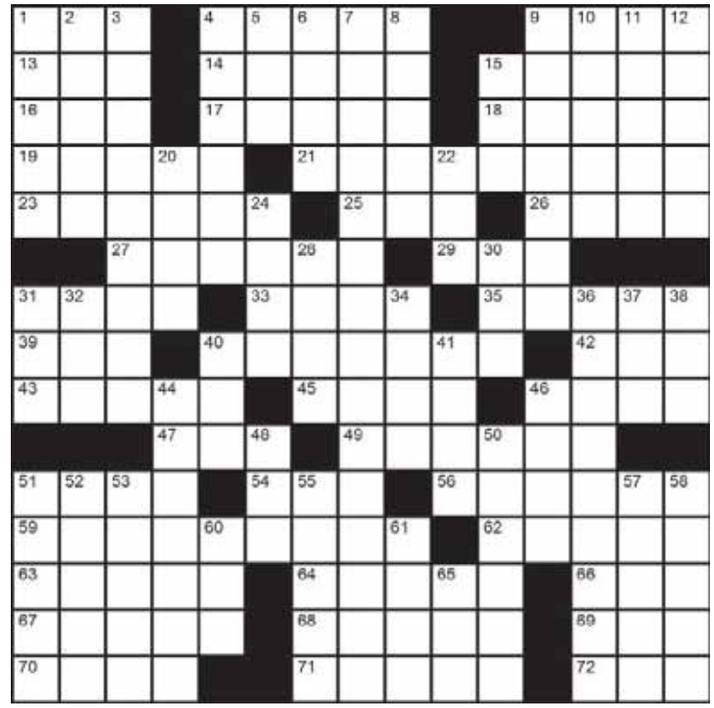
4. Pour into the prepared pan and bake for about 30 to 35 minutes or until a tester inserted in the middle of the loaf comes out clean. Let the loaf cool in the pan on a wire rack before removing and slicing into 8 slices.

Nutrition per serving (recipe serves 8)
- Calories 254
- Protein 3.2 g
- Carbohydrates 38 g
- Fibre 1.6 g
- Total fat 10.6 g

PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Cdn. party
4. Serving of pie
9. -Fis friends
13. __ Vos Prec (1920 T.S. Eliot volume of poetry)
14. Opera voice
15. Repeated words from protesters
16. Pro
17. Sonata's final movement, often
18. __ Rica
19. Japan's capital
21. "The Grand __" (2013) directed by Don McKellar
23. New York's capital
25. Bard's 'throughout'
26. Hamlet, current production at #59-Across, starring Toronto-born actor Jonathan __
27. Immerse
29. Actress Lucy
31. Grade
33. Hurrays!
35. Beginning
39. "20/20" network
40. Maritime marauders
42. __-game show
43. 2002 Denzel Washington movie: name + letter
45. "I __ __ a loss for words."
46. Garden invader
47. 'Tail'-meaning prefix
49. Early Julia Roberts movie, "__ Pizza" (1988)
51. "The cheque __ the mail.": 2 wds.
54. Viral malady
56. Skull guy in Shakespearean tragedy Hamlet
59. Ontario city known for its plays Festival
62. Pine
63. Mr. Schreiber's
64. Egypt's capital
66. Philosopher, __-tzu
67. Meg's "Sleepless in Seattle" (1993) role
68. Toward the stern
69. AC/DC song
70. Search
71. Songstress Ms. Ronstadt
72. Uh-huh

DOWN
1. Can.-US-Mex. pact
2. Salivate
3. Green area seating: 2 wds.
4. Durable
5. Mr. DiCaprio, to pals
6. Travel lodgings
7. Babylonian king's law etched onto an ancient basalt stele at the Louvre in Paris: 3 wds.
8. Wear away from weather
9. __ wedding
10. Music keyboard name
11. Fly __ _ rage
12. Pedestal
15. Gladiator's 300
20. Pull
22. www address
24. Omar's "Doctor Zhivago" (1965) role
28. Superman's mother on Krypton
30. Cyclades island
31. Former British rule in India
32. Actress, Olivia d'__
34. Stick around
36. The Comedy Network = Canadian __ channel
37. Earlier, olde-style
38. Mr. Danson
40. Alphabetic trio
41. Online crafts buying/selling site
44. Vast region of Arctic in northern Quebec
46. Undercover tapping device
48. Not on
50. Car name
51. __ Malvinas (The Falklands)
52. Author of Goosebumps stories, R.L. __
53. "I Remember Mama" (1948) star Ms. Dunne
55. Regional
57. Heavy construction lifter
58. String problems
60. The Waste Land poet's monogram
61. Sigourney Weaver role, __ Fossey
65. "Mayberry _._._." (Classic television comedy)

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
You don't lack for confidence at the moment but confidence can only take you so far. At some stage you will have to deliver on all the big promises you have made, to yourself and to others.

Taurus April 21 - May 21
It may seem as if time is running out, that if you don't start something now the opportunity will pass you by. Common sense should tell you that simply isn't true. You will always get another chance, so take your time and get it right.

Gemini May 22 - June 21
You are coming to the end of one of the toughest times of the year and when the Sun moves into your sign a week from now your confidence will come flooding back. Take it easy for now.

Cancer June 22 - July 23
Try not to let praise go to your head today because there is a real possibility that someone is bigging you up just so they can knock you down again. Anyone who encourages you to take risks and cut corners is not to be trusted.

Leo July 24 - Aug. 23
Something will happen over the next few days that seems like a setback, but later in the month it will become clear it was exactly the opposite, so stop worrying. Focus on the here and now.

Virgo Aug. 24 - Sept. 23
Do not say anything you suspect may not be true. The words may not have come from you originally but the planets warn it is you who will take the blame. Never trade in gossip or hearsay.

Libra Sept. 24 - Oct. 23
Let others take care of you for a change. Life has been tough of late and you deserve a break — in fact you deserve a vacation. You will be working hard again soon enough.

Scorpio Oct. 24 - Nov. 22
You may not be the most original member of the zodiac but you are certainly the most determined, so keep plugging away and don't worry that others seem to be doing better than you.

Sagittarius Nov. 23 - Dec. 21
A problem you have been grappling with may be tough but there is a solution, so keep asking and keep searching and you will find what you are looking for in the end.

Capricorn Dec. 22 - Jan. 20
The Sun remains in the most dynamic area of your chart for one more week, which means you still have time to start something new. Pay no attention to those who counsel caution.

Aquarius Jan. 21 - Feb. 19
Family and financial issues need to be dealt with fast, before they get even more tangled. The Sun's move into your fellow Air sign of Gemini next week suggests fun times.

Pisces Feb. 20 - March 20
You seem to have a lot to say for yourself at the moment, which is fine, but if you talk too loud and too fast you may miss something worth hearing, something that could both have made you money and saved you trouble.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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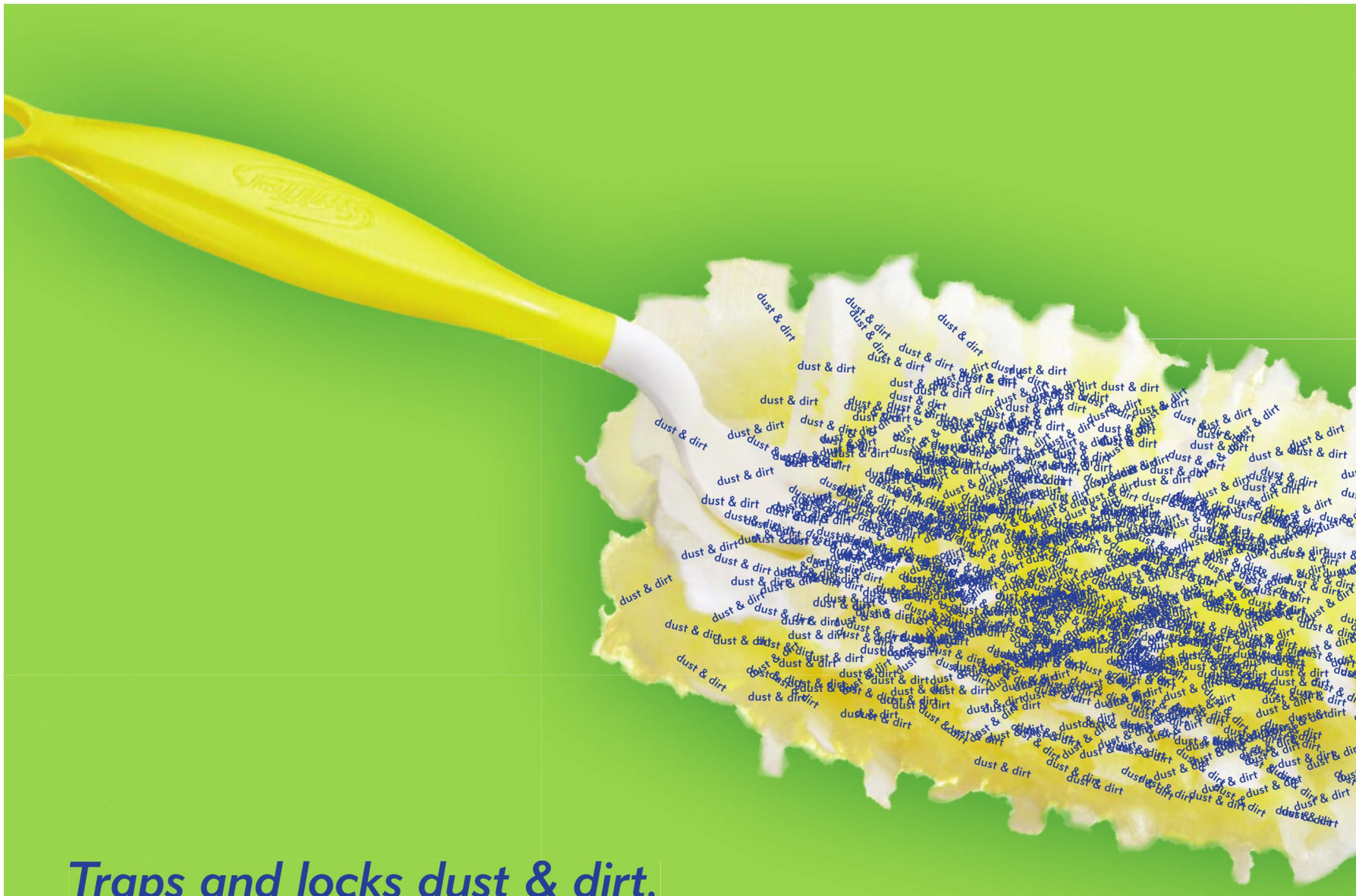

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